

Sacred Heart Parish

✠ *The Combined Churches of Sacred Heart and Saint Joseph* ✠

446 Mountain Road ✠ P.O. Box 626 ✠ Suffield, CT 06078

(860) 668-4246 ✠ Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Pastoral Staff

Fr. Joseph Keough, Pastor

Email: FRJFK@aol.com

Administrative Assistant: Jackie Dion

Email: SacredHeartSuffield1@gmail.com

Mass Times

Saturdays: (the Vigil) 4:00pm

Sundays: 8:00am, 9:30am and 11:00am

Daily Mass: (Monday through Friday) 8:00am

Holy Day: Please consult the Bulletin

Confessions: Saturdays 2:30 - 3:30pm

Weekly Morning Rosary: Tuesdays at 7:40 AM

Adoration of the Blessed Sacrament: Mondays 6 to 7 PM, Fridays 7:30 to 8 AM

Holy Matrimony: At least six months of notice should be given to arrange for weddings.

Baptisms: Sundays at 12:00 Noon. Please call the Rectory to schedule a date.

Face masks at Mass are now optional for those who are vaccinated.

Parish Staff

Religious Education Office:

(860) 668-7766 Fax: (860) 370-5164

Director- Miss Donna M. Swols

Email: shc_dre@sbcglobal.net

Confirmation Coordinator: Contact DRE

Email: shc_dre@sbcglobal.net

Administrative Assistant: Mrs. Jackie Dion

Religious Education contact :

Email:

Directors of Music:

Floyd Higgins and Gretchen Collins

Email: floydandgretchen@comcast.net

Parish Prayer Line:

Diane Gilleran (860) 560-6703

Email: shc.prayerline@yahoo.com

Knights of Columbus/Suffield Council

#6281 P.O. Box 184, Suffield, CT 06078

Mike Voisine, Grand Knight –

(860) 668-9911

Dave McDermott, District Deputy – (860) 882-3934

Sponsor Certificates for Baptism and Confirmation:

Please call the Rectory.

How to Report an Incident of Sexual Abuse

in the Archdiocese: Visit our website.

July 17, 2022 – Sixteenth Sunday in Ordinary Time

Saturday, July 16

4:00 PM Michael Rossi III

Sunday, July 17

8:00 AM Trevor French
Roy Family
John & Marianna Bucior
9:30 AM Daniel Guilmartin
11:00 AM Anna Marie Altieri

Monday, July 18

8:00 AM Sandra Desmarais
6 – 7 PM Adoration

Tuesday, July 19

8:00 AM For Vocations

Wednesday, July 20

8:00 AM For Our Parishioners

Thursday, July 21

NO MASS

Friday, July 22

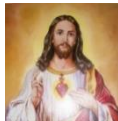
7:30 AM Adoration
8:00 AM Francis Maliszewski
Jackie Finkle

Saturday, July 23

4:00 PM Lawrence Ridel Sr
Wilfred Perry
Helen DeGeorge
Judy Laiuppa

Sunday, July 24

8:00 AM Regina & Joseph Guilmartin
Lise Roy
9:30 AM For Our Parishioners
11:00 AM Mary Ellen Muyano



BAPTIZED IN CHRIST

Nina Faith Reyes



Weekly Offertory

On **July 10, 517** members and visitors worshipped with us at Sacred Heart Parish.

July 10, 2022, Parish Support:

\$5,529.00	Offertory
\$309.93	Online Giving
\$5,838.93	Total

Thank you for your support!

BOOK CLUB MEETING

Next meeting will be Wed., August 17,
10:30 – 11:30 AM
Book for discussion is
The Maid by **Nina Prose**

Fair Trade Help

Fair Trade sales will start up again in September.
If you are willing to help out
after any Mass, please contact:
Frances Flynn at
860-324-8395

EUCHARISTIC MINISTERS NEEDED

If you are interested in becoming or rejoining as
a Eucharistic Minister, please call the
Rectory Office for more information.

HELP NEEDED

ANNUAL MONETARY SCHOOL COLLECTION

The Human Needs Ministry is looking for families with children
to participate in the Monetary School
Collection which will be held on July 30th and 31st . If you have
school age children and are planning to
attend Mass at Sacred Heart that weekend, please consider
spending 15 minutes after Mass to help out.
Contact Elizabeth Sorrow at 860-668-0505 for more information.

JOINING Sacred Heart Parish or ANY CHANGES we need to
update, please fill out and tear off:

NAME: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

STATUS: Single, Married, Divorced, Widowed
(circle one)

You may leave it in the marked basket in the church lobby
or drop it in the mailbox.

ANNUAL MISSIONARY APPEAL

This weekend, we will be taking a special collection to assist our sisters and brothers in Christ in the Sylhet Catholic Diocese of Bangladesh. A special envelope is NOT included in your packet. Checks should be made out to Sacred Heart Parish and placed in the marked containers or forward to the parish office by July 31.

The Sylhet Catholic Diocese serves over 17,000 Catholics in an area of 4,863 square miles (a little bigger than Connecticut). They are in need of our prayers and financial contributions to assist with providing for the spiritual and temporal needs of their diocesan family in the midst of a high level of poverty, frequent natural disasters, food insecurity and lack of educational opportunity. As in so many parts of the world, the Catholic Church is in the midst of the neediest people, day in and day out offering both spiritual and temporal support. You can help make a difference with your prayers and generosity!

The new walking/bike path is now open on Mountain Road. Please be mindful of pedestrians and cyclists as you are entering and exiting the church parking lots.



RELIGIOUS EDUCATION NEWS

Office hours: Tuesday and Wednesday 2pm-4pm (temporary)

Closed holidays, vacations, snow days

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



REL ED REGISTRATION 2022-2023: Religious Education registration will July 25, 2022. Please note that **all requirements**, especially make-up work, must be completed before your registration will be processed. Look to your email and our website for registration information. Any questions? Contact Donna Swols, DRE at: shc_dre@sbcglobal.net. Thank you!

MAKE-UP WORK: It is vitally important to have make-up packets submitted before registration begins. Families have been sent several reminders throughout the school year including complete packets mailed home. If you emailed any completed packets to Mrs. Dion but did not receive a response confirming receipt of your message, please re-send to the DRE at shc_dre@sbcglobal.net to ensure we have your child's completed make-up work. Thank you!

END OF YEAR COMMUNITY SERVICE REMINDER: Students, please remember to submit any and all completed service work to the Religious Education office. Grade 7: 2 hours; Grade 8: 3 hours; Grade 9: 20 hours. Questions - contact us. Thank you.

TAKE NOTE: Please send any email correspondence to shc_dre@sbcglobal.net until July 31, 2022, as we are having computer problems with email resescshc@gmail.com. Thank you.

KINDERGARTEN CLASS: Kindergarten classes for 2022-2023 are being planned for Sunday mornings on a **twice** a month basis. We will have an early and late session scheduled. Registration begins July 25, 2022. A copy of the child's baptismal certificate and parish number is required. Classes are scheduled to begin in October; fee is \$35.00 per student.

From the Pastor's Desk



“Martha, Martha, you are anxious and worried about many things. There is need for only one thing.” Jesus’ words to his friend Martha often strike a chord with us. We have so much to do and so many things to worry about! Take a breath. Say a prayer. Move forward. The one thing we need is Jesus Christ. He is in our midst. So why do we still get so anxious?

Maybe that is the kind of thing a priest is expected to say in a bulletin column or homily. Sounds nice but you are thinking, “Seriously, Father, it’s not that easy!” Go back and read that first paragraph again and you will note that I did not say or even suggest that it would be easy. I have found that it works, especially when everything else I tried did not work. My favorite meditation on the Our Father comes from advice a retreat director once gave me. As you say the words, “thy will be done...” Stop and check where you are in regard to God’s will in your life. And it is okay to ask, “God, if this is your will, show me the way.”

Anxiety and worry are very real emotions, and we have to acknowledge them. It helps if we acknowledge, without obsessing. We are set free when we choose the one thing that is needed—company with Jesus Christ. Take a breath and find Jesus. Say a prayer to Jesus. Move forward in Jesus.

Have a blessed week!

Fr. Joe Keough, Pastor Sacred Heart Parish Family

frjfk@aol.com

Interested in joining the Pastor’s Email List? Send me a note at frjfk@aol.com . It is not too late.



Traveling this Summer? Don't miss Mass!
Visit Masstimes.org to find a church near your destination.
We're Catholic; we're everywhere!

