



# Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

Follow us on Facebook at Sacred Heart, Suffield 

Website: [SacredHeartCT.com](http://SacredHeartCT.com)

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

---

## Mass Times:

**Weekends: Saturdays:** 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am

**Daily Mass:** 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

**Holy Day:** Please consult the Bulletin.

## Sacraments:

*Confessions: Saturdays 2:30 - 3:30pm or by appointment.*

*Baptisms: Sundays at 12:00 Noon. Please call the Rectory to schedule a date.*

*Holy Matrimony: At least six months of notice should be given to arrange for weddings.*

*Anointing of the Sick Please call the office.*

## On going devotions:

*Weekly Morning Rosary: Tuesdays at 7:40 AM*

*Adoration of the Blessed Sacrament: Mondays 6 to 7 PM, Fridays 7:30 to 8 AM*

---

## Parish Staff

*Pastor: Fr. Joseph Keough Email: [frjfk@aol.com](mailto:frjfk@aol.com)*

*Administrative Assistant: Jackie Dion*

## Religious Education:

**860-668-7766 Fax: 860-370-5164**

*Director: Miss Donna M. Swols email: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)*

*Assistant : Jackie Dion email: [reledaa22@proton.me](mailto:reledaa22@proton.me)*

## Directors of Music

*Floyd Higgins & Gretchen Collins [floydandgretchen@comcast.net](mailto:floydandgretchen@comcast.net)*

Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call requesting donations of gift cards online, bitcoin or electronic transfer of funds. Please report any suspicious activity to the parish office and/or Suffield Police.

To report an incident of sexual abuse in the Archdiocese, visit our website or the [archdioceseofhartford.com](http://archdioceseofhartford.com)

# September 3, 2023 the Twenty-Second Sunday in Ordinary Time

## Saturday, September 2

4:00 PM George & Connie Pirruccio  
Arthur & Catherine Pryor Sr.  
Arthur & Gertrude Pryor Jr.

## Sunday, September 3

8:00 AM Lise Roy  
9:30 AM For Vocations  
11:00 AM For Our Parishioners

## Monday, September 4

8:00 AM For Vocations  
6 – 7 PM Adoration  
**Office Closed**

## Tuesday, September 5

8:00 AM John & Ann Dobrzanski

## Wednesday, September 6

8:00 AM Deacon Joseph Coyne

## Thursday, September 7

8:00 AM **NO MASS**

## Friday, September 8

8:00 AM Special Intention

## Saturday, September 9

4:00 PM Charles Gogulski  
Lucille Gemme

## Sunday, September 10

8:00 AM Matthew & Richard Roy  
David Goggin & Dorothy Ianzito  
9:30 AM Brenda Prajzner  
11:00 AM For Vocations

## Our Weekly Offertory

On **August 27, 504** members and visitors worshipped with us at Sacred Heart Parish.

August 27, 2023, Parish Support:

<b>\$4,761.00</b>	<b>Offertory</b>
<b>\$955.71</b>	<b>Online Giving</b>
<b>\$5,716.71</b>	<b>Total</b>

*Thank you for your support!*

## BINGO TICKETS

Tickets for Bingo will be on sale after all Masses on September 16<sup>th</sup> & 17<sup>th</sup> in the Church Lobby  
Date for Bingo is Friday, September 29<sup>th</sup>.

## Volunteers Needed-Christmas Bazaar

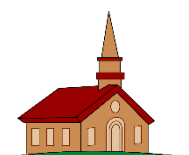
If you are interested in volunteering for the Christmas Bazaar, please contact Frances at 860-324-8395

## Suffield on the Green

It is that time of year again! If you would be interested in helping out at the Sacred Heart Booth, **Sat. 9/9**, or **Sun. 9/10**, please call the rectory. Thank you for considering it!



*Baptized in Christ*  
*August 20, 2023*  
**Morgan Scott Zalinski**



## PARISH REGISTRATION/UPDATE

NAME/s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

New Registration       Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

**STATUS:** Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

### Saint Mary Garden

Joseph Dion, a Boy Scout in Troop 66, will be establishing a Saint Mary Garden for our parish to honor Mary and their loved ones. The garden will be located around the statue of Saint Mary between Fr. Ted Hall and the parking lot: and will include a heart shaped path around the statue, solar lights to light the statue at night, and a path connecting it to an existing sidewalk. If you would like to help, we are collecting donations with the goal of raising \$1000 by September 18<sup>th</sup>. Please drop off donations to the rectory or place in the offertory basket at Mass. Please have donations clearly labeled for The Saint Mary Garden Project. Any extra money will stay with the parish for continuing improvements to the garden. Thank you for helping!



### **Health and Wellness Coaching Workshop for Women**

A 6-week workshop is forming for women “ages” perimenopause to retirement. This small, weekly group will focus on four main health concerns: sleep, nutrition, movement, and stress. The workshop will run Thursdays, Sept. 14 – Oct. 19 from 6-7pm in Fr. Ted Hall. Please call Donna Fitzgerald, 860-519-8922, to register or to ask questions.

### **Mass Intentions**

**Please plan ahead when booking a Mass Intention.**  
**To assure your Intention is listed in the Bulletin and addressed at Mass please be sure to book the Mass Intention 2 weeks in advance. Thank you!**

### Bible Study

Bible Study will  
resume 9/5  
Tuesdays at 6:30PM  
in Fr. Ted Hall

## **2023 Connecticut Catholic Men's Conference**

**On Saturday, September 23, 2023, at  
Northwest Catholic High School in West Hartford, CT**

**Purchase tickets at [www.ctcatholicmen.org](http://www.ctcatholicmen.org) & at the door.**

Doors will open at 7:30am. Ticket prices are \$45 for adults and \$20 for teens.

**We request that you purchase tickets in advance. Lunch is included, so advance sales are important.**

Our Catholic Men's Conference has a *unique format* that includes:  
Eucharistic Procession, Adoration, Inspiring Speakers,  
Confession, Lunch, Exhibitors, and Vigil Mass.

**We have a FIRST EVER PROCESSION OF THE SAINTS (Over 24 Relics in procession).**

### **RELIGIOUS EDUCATION NEWS**

***Summer office hours: Tuesday 10am-12noon and by appointment only***

***Closed holidays and vacations***

***Donna Swols, DRE : [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)***

***Jackie Dion, Adm. Asst.: [reledaa22@proton.me](mailto:reledaa22@proton.me)***

***Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.***



**RELED REGISTRATION 2023-2024:** A \$25.00 fee will be assessed for late registrations and late payments. Please note that **all** requirements, including make-up work, community service hours, missing information, etc., must be completed before your registration will be processed and your child placed in a class. Questions? Contact the DRE at [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net) Thank you!

**NEW FAMILY REGISTRATION 2023-2024 SCHOOL YEAR:** – We are still accepting registrations from **new** families/students. Please be sure you have registered with the parish and then contact Donna Swols, DRE at [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net) for registration and program information. Thank you!

## FROM THE PASTOR'S DESK

*Good to be back and starting a new month! As we transition into our fall mode of back to school, back to work and hopefully back to church, I am looking forward to the opportunities of the new season.*

*As students, parents and teachers enter a pattern for the academic year we need to be sure to deliberately carve out some time for quiet meditative prayer as well as our communal worship each weekend. While academics, sports, the arts, and social time is important, all of them should enhance and be enhanced by our time with God at the Mass. Help your children, grandchildren, and godchildren to understand the importance of learning about God as they uncover the gifts and talents with which they have been blessed by God. Setting up a weekly schedule where you "try to get to Mass" will be a schedule where you seldom get to Mass. If God and the Mass are your family's priority, then Mass will always be the center of everything you do together and in later years when they are apart from you.*

*Praying together as a family at home enriches your experience of praying at Mass as a family and enriches our parish family as well.*

*Have a blessed week!*

Fr Joe Keough  
[frjfk@aol.com](mailto:frjfk@aol.com)

If you would like to be included in the Weekly Update emails from Fr Joe Keough, send an email to [frjfk@aol.com](mailto:frjfk@aol.com) and you will be added to the list.

### SAVE THE DATES

Saturday, September 9 Faith & Family Day at Dunkin' Park **the Hartford Yard Goats and the Archdiocese of Hartford** present an afternoon of family fun. Mass with Bishop Juan M. Betancourt at 4:00 followed by Yard Goats vs. Rumble Ponies at 6:10. Fireworks follow the game. For more information visit [yardgoatsbaseball.com](http://yardgoatsbaseball.com)

Saturday, September 23 16<sup>th</sup> ANNUAL CONNECTICUT CATHOLIC MEN'S CONFERENCE to be held at Northwest Catholic High School in West Hartford. For more information and tickets visit [ctcatholicmen.org](http://ctcatholicmen.org)

Friday, September 29 BINGO in Father Ted Hall! Doors open at 5:00pm.

Saturday, October 14 Sacred Heart Parish Barn Dance



### **Worldwide Marriage Encounter: Nineteenth Sunday in Ordinary Time- "Stand on the mountain before the Lord."**

The dates are:

August 11-13, 2023, in Storrs, CT

August 25-27, 2023, in Derby Line, Vermont

September 22-24, 2023, in Huntington, NY

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://wwmectw.org/>.