



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays at 12:00 Noon. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange for weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 6 to 7 PM, Fridays 7:30 to 8 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@sbcglobal.net

Assistant : Jackie Dion email : reledaa22@proton.me

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

Please report any suspicious activity to the parish office and/or Suffield Police.

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

February 4, 2024 Fifth Sunday in Ordinary Time

Saturday, February 3

4:00 PM Steve & Stella Smist
Bro. Eugene O.F.M. C.A.P.(L)~Birthday Intentions

Sunday, February 4

8:00 AM Lise Roy
9:30 AM For Our Parishioners
11:00 AM For Vocations

Monday, February 5

8:00 AM Thomas J. Chmura
3 – 4 PM **Holy Hour**

Tuesday, February 6

8:00 AM Thomas J. Keough

Wednesday, February 7

8:00 AM Clementine Bouton(L)~
Birthday Intentions

Thursday, February 8

9:00 AM **NO MASS**

Friday, February 9

8:00 AM For Vocations

Saturday, February 10

4:00 PM Well Wishes for Phil Shuman(L)

Sunday, February 11

8:00 AM Matthew & Richard Roy
Trevor French
9:30 AM Marc Forschino
11:00 AM For Our Parishioners

BOOK CLUB MEETING

Wednesday, February 21, 2024

10:30-11:30AM FR. Ted Hall

Read a book about any(your choice)

Supreme Court Justice

More information and questions in the church lobby.

Donor Letters for Taxes

If you are interested in a copy of your contributions to
Sacred Heart for 2023,

please email the office at

SacredHeartSuffield!@gmail.com

or call the office at 860-668-4246

Our Weekly Offertory

On **January 28, 496** members and visitors
worshipped with us at Sacred Heart Parish.

January 28, 2024, Parish Support:

\$4,887.39	Offertory
\$433.74	Online Giving
\$5,321.13	Total

Thank you for your support!

FAIR TRADE

Fair Trade items will be for sale after all Masses next weekend, February 10 and 11. Stop by and pick up some items to give for Valentine's Day or just treat yourself. The sales 100% go to the Equal Exchange for the small farmers to have livable wages. Please stop by and support the farmers.

TACO TUESDAY

DATE: Tuesday, February 13

TIME: 5:00 PM

PLACE: Sacred Heart Church & Fr. Ted Hall

Lent invites us to change, give up, or do more of something for the season. With this said we invite you and your family to join Sacred Heart Parish family for a Lenten Prayer Service at 5:00 PM, Tuesday, February 13. Feel free to bring an item you will change, give up, or do more of and leave the item in front of the Cross. If for example you give up chocolate, bring an empty wrapper, if it is not tangible or it is private, there will be index cards you can write on.

Following the Prayer Service there will be a Taco Party in Fr. Ted Hall. There will be music, a taco buffet and dancing. Sign up for the Taco Tuesday event will take place the weekend of February 3rd and 4th after all Masses. \$10 for two tacos and dessert. For more information or to sign up call Jeanne Forschino 860-254-5421.

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

New Registration Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

STATUS: Single, Married, Divorced, Widowed(circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

2024 CATHOLIC HIGH SCHOOL COLLECTION THANK YOU

On behalf of the students, teachers, and staff of the Catholic high schools in the Archdiocese of Hartford, we extend our deepest gratitude to all who contributed to the *2024 Catholic High School Collection* last weekend. Your generosity supports a culture of Catholic faith and academic excellence in our Catholic high school tradition that benefits the entire community.

If you would like to donate, please access the *Catholic High School Collection* online donation tool by visiting: <https://www.catholicedaohct.org/catholic-schools/high-school-collection>

Divine Mercy Ministry to Seniors

Volunteers are needed to spread Jesus' message of Divine Mercy to seniors in local nursing homes and assisted living facilities. As a volunteer prayer group leader, you would lead a weekly 30-minute Divine Mercy prayer group using a simple prepared model of readings, prayers, and the Chaplet of Divine Mercy. If you feel that the Lord is calling you to this ministry of mercy, please contact Mary Higgins. (413) 552-7231 or email at: DivineMercyMinistryToSeniors@gmail.com.

Open House

The New England Catholic Biblical School (NECBS) invites you to visit an in-person or virtual class to see how studying all 73 books of the Bible can change your life! Come visit a class any time between January 22-May 1st. Visit: www.NewEnglandCatholicBiblicalSchool.com or call 860-242-5573



Worldwide Marriage Encounter Experience

Learn the five tools for a better marriage by signing up and attending a Worldwide Marriage Encounter Experience. You can find one by looking up WWME.org. Some of the dates to sign up are:

February 8-March 21, 2024, Virtual (evenings twice a week)

February 9-11, 2024, in Huntington, NY

March 15-17, 2024, in Upton, MA

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://www.mectw.org/>.



Knights of Columbus

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates:

- The local council of Knights would like to recognize the approximately 20 volunteers who helped to make the 75 Santa home visits this year, such a memorable experience for more than 250 children and their families. **Thank you!**
- *Born of Fire: A Lenten Daily Devotional for Men* offers men the opportunity to enter into the spiritual discipline of Lent by learning from the wisdom of the Franciscan Friars of the Renewal. Through daily reflections for all of Lent and the start of the Easter season, this book is perfect for any man who wants to take on a serious Lenten practice to grow in their spiritual life. (<https://shopcatholicinfo.com>)
- Please consider joining our local district, watch for a membership campaign to be scheduled for an upcoming weekend.
- Next local council meeting is scheduled for tonight February 4, 2024, at 7:00 p.m. Father Ted Hall.

Messages or inquiries can be left with the Parish Office at 860.668.4246 and someone will get back to you ASAP.

RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am -12noon and by appointment only

Closed holidays and vacations.

Donna Swols, DRE: shc_dre@sbeglobal.net

Jackie Dion, Adm. Asst.: reledaa22@proton.me

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



THANK YOU! My sincere thanks to all the student and adult volunteers and all the families who attended Winter Carnival 2024 last Sunday! Everyone had a great time! We raised a little over \$300 for Suffield Community Aid Fuel Assistance and collected several items for the Fiore Food Shelf! Special thanks to the Around Town II Singers who entertained during the carnival and coordinated our "Musical Chairs" activity. Mark your calendar for Winter Carnival 2025 on Sunday, January 26, 2025. See you next year!

GRADE 2 AND 3 MANDATORY PARENT INFORMATION SESSION: NEXT Sunday, February 11, 2024, at 9:45am and 11:15am in Fr. Ted Hall. At least one parent must attend! Thank you.

LOST AND FOUND: Don't forget to check our "Lost and Found" basket at Religious Education. Any unclaimed items will be donated to charity at the end of the year. Thank you.

FROM THE PASTOR'S DESK

In the gospel this weekend, Jesus gets up early in the morning to pray. Jesus prays not because he “has to” but because he wants to. Jesus is witnessing to us of the importance of connecting to the Father in our daily prayer as well as to one another in our public prayer (liturgy). Our purposeful prayer is a deliberate attempt to go beyond our human weakness to enter a deeper relationship with God who desires to strengthen us in love.

In our first reading we hear some of the lament of Job as he feels that he is without hope, he can't sleep, life is drudgery. This is contrasted by the second reading where St. Paul is boasting of the gospel and the real dynamic of his faith in the promises of Jesus Christ. Somewhere in between is the rest of us. Here at this Mass, there are some people who are beaming with joy and celebrating the miraculous things God has done for them. Others are here seeking healing and strength to get through another day. Young and old, rich, and poor, meek, and mighty each coming looking for Jesus like the people in the gospel.

At each Mass we are invited into the ritual actions and words that are meant to raise our hearts (some broken, some joyful) to our God. The Penitential Rite of the Mass reminds us that Jesus accepts us, in spite of our sins and failings and brings us mercy. This blessed assurance allows us then to join the prayer of the angels as we give glory to God in the highest. Then we are ready to listen to God's Word in the scriptures each of us hearing the same readings but finding our message of comfort, hope and peace.

Then we await the moment when we find Christ, recalling the words of Simon in the gospel, “everyone is looking for you” and the priest offering Christ's Body and Blood back to the Father as Jesus did once and for all on the cross, we encounter Christ most perfectly in the Eucharist. Once again, we find the Jesus we were looking for. The Divine Healer, the God of Mercy, the Lord of Compassion. We behold again the Lamb of God who takes away the sins of the world. We exclaim how happy and blessed we are to be called to share the Supper of the Lord.

Then we, like St. Paul can go forth and boast in the love our God has for each of us. In the week ahead we give witness to our love of God and neighbor by finding those quiet moments to be alone in our prayer as well as the opportunities to preach the gospel to those who are looking for light and life by what we say and do.

Have a blessed week!

Fr. Joe Keough frijk@aol.com

Lent is coming! Lent is coming!

Get ready now for a good and holy Lenten Season. Ash Wednesday is Feb. 14th. This year instead of scarfing down a bunch of those little candy hearts with messages on them plan on giving your heart to God by giving up some of the distractions in your spiritual life.

VOCATION Ministry is everyone's ministry!

Can you spend a few minutes a day praying for an increase in the response to our Lord's call to the priesthood, diaconate and consecrated religious life? For prayer support and other ideas to increase religious vocations please visit www.hartfordpriest.com and sign up to be a prayer partner for 1000 new priests.

SAVE THE DATE:

Holy Land Christian Art and Religious Items will be available the weekend of February 17 and 18 after all Masses.