



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays at 12:00 Noon. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange for weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 3 to 4 PM, Fridays 7:30 to 8 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@sbcglobal.net

Assistant : Jackie Dion email : reledaa22@proton.me

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

Please report any suspicious activity to the parish office and/or Suffield Police.

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

March 10, 2024 Fourth Sunday of Lent

Saturday, March 9

4:00 PM Frank Kulina
Damaris Castillo(L)~*Birthday Intentions*

Sunday, March 10

8:00 AM Lise Roy
Trevor French
9:30 AM For Our Parishioners
11:00 AM Raye Mandirola

Monday, March 11

8:00 AM Ruben Ehongo Dima(L)~*Birthday Int.*
3 – 4 PM **Holy Hour**

Tuesday, March 12

8:00 AM Michael Patnaud
JoDene Giegel

Wednesday, March 13

8:00 AM Healing for Betty Vallera
Laura Danek(D)~100th Birthday Blessings

Thursday, March 14

9:00 AM **NO MASS**

Friday, March 15

8:00 AM Alexander Ehongo
Raymond Stearns

Saturday, March 16

4:00 PM George Clough

Sunday, March 17

8:00 AM Matthew & Richard Roy
Fabiola Bille(L)~*Birthday Intentions*
9:30 AM For Vocations
11:00 AM Patrick Dwyer

Our Weekly Offertory

On **March 3**, 551 members and visitors worshipped with us at Sacred Heart Parish.

March 3, 2024, Parish Support:

| | |
|-------------------|----------------------|
| \$7,051.00 | Offertory |
| \$1,697.88 | Online Giving |
| \$8,748.88 | Total |

Thank you for your support!

LENTEN STEPS TOWARD HOLINESS:

Daily Mass: Mon, Tues, Wed, Fri. 8:00 AM (also available streaming on our Facebook page)

Confessions: Monday 6-7:00 PM, Saturday 2:30-3:30 or by appointment

Eucharistic Adoration: Monday 3-4 :00 PM, Friday 7:30-8:00 AM

Stations of the Cross: Friday 6:30 PM

“Fasting is the soul of prayer; mercy is the life blood of fasting. If we have not all three together, we have nothing.” St. Peter Chrysologus

*Baptized in Christ
Mia Erica Boucher*



Archbishop's Annual Appeal 2024

The Archbishop's Annual Appeal helps provide the critical funding needed to feed the hungry, shelter the unhoused, counsel those in despair, offer much-needed assistance to the unemployed, and make medical care available to those without health insurance. Your gift to the 2024 Appeal will help to continue these and other vital ministries, services, and programs that reach out to so many in need.

All funds contributed to the Archbishop's Annual Appeal are used exclusively for the purposes outlined in the Appeal literature, which can be found at <https://archdioceseofhartford.org/appeal/>. No Appeal funds are ever used for legal fees or settlements.

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

New Registration Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

STATUS: Single, Married, Divorced, Widowed(circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

BIBLE STUDY

Tuesday at 6:30 PM in Fr. Ted Hall All are welcome!

Fair Trade

Fair Trade will be for sale after all Masses this weekend, March 9th 7 10th
Please stop by and support the farmers.

Suffield Community Aid Pantry Needs

Cleaning Supplies, Shelf-stable milk, Canned pastas, Cereal, Small Laundry Detergents, Individually wrapped Easter candy
Items will be collected March 16-17
Thank you, Sacred Heart Human Needs Ministry

Worldwide Marriage Encounter Experience

Fourth Sunday of Lent

Ephesians 2:4-5: God's great love can nurture your marriage. Find out how by signing up for a Worldwide Marriage Encounter Experience. Learn how to listen better, communicate more, and be a better couple. You will be glad you did! You can find one by looking up WWME.org. Some of the dates to sign up are:

March 15-17, 2024, in Upton, MA

April 11-May 23, 2024 (virtual 3RE)

June 21-June 23, 2024, in Huntington, NY

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, both weekends and weekday classes. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://wwmectw.org/>.



**Knights of
Columbus®**

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates:

- Our local Council # 6281 of the Knights of Columbus in Suffield recently held a membership drive at Sacred Heart Parish. If we missed you and you are interested in joining, simply go online to KofC.org/joinus and enter our council #6281 for local information or use this QR code.



- The Connecticut (Hartford) March for Life will be held on **March 20, 2024**. There will be a **10:00 a.m. mass** at the Cathedral of St. Joseph. The **rally** is scheduled for 12:00 noon at the Capitol, with the **march** to follow **beginning at 1:00 p.m.**
- The local council will once again host an **Easter Egg Hunt** for our youngsters on the Sacred Heart Parish church grounds. Please plan to join in the fun scheduled for **Saturday, March 30th at 11:00 a.m.**
- Spring clean-up at the Saint Joseph Cemetery located on Hill Street has been scheduled for **Saturday, April 27th at 8:00 a.m.** Watch for more details in a future bulletin, but please plan to have all personal items you wish to retain cleared from the grounds no later than the day before our crew shows up to work. All local council members wishing to help on this day are welcome.
- While details and ticket prices have yet to be finalized, the local Council # 6281 is considering sponsoring a trip to a Connecticut Suns basketball game scheduled for **Friday, May 17th** with the Washington Mystics. The local council will provide (and pay for) the bus transportation, with the intention of arriving at the Mohegan Sun Arena, Uncasville, CT in time for guests to have a bite to eat prior to the 7:30 p.m. start of the game. As this is a family event **and there not be any chaperones** provided, all school age children must be accompanied by an adult. Ticket sales and bus reservations will be done on a first come first served basis, with a minimum number of tickets required to be sold by April 15th. More details to follow.

Messages or inquiries can be left with the Parish Office at 860.668.4246 and someone will get back to you ASAP.

RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and vacations

Donna Swols, DRE: shc_dre@sbcglobal.net

Jackie Dion, Adm. Asst.: reledaa22@proton.me

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



DAYLIGHT SAVINGS BEGINS TODAY, MARCH 10, 2024! – Daylight Savings Time begins **today** Sunday, March 10, 2024! Classes will be held on Daylight Savings Time so don't be late!

REMINDER: Grade 8 Retreat and Youth Mass this Saturday, March 16, 2024! Check your email for details. Thank you!

DATES TO NOTE: 1st Reconciliation Retreat, Saturday, March 23, 2024; 1st Reconciliation Service, Saturday, April 6, 2024; 1st Holy Communion Retreat, Saturday, April 27, 2024; 1ST Holy Communion Mass, Saturday, May 4, 2024; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 5, 2024, at 8am.

COMMUNITY SERVICE HOURS 2023-2024: Grades 7-9, don't forget about your community service hours! Completed service forms should be submitted to the Religious Education office by April 1, 2024. Forms may be downloaded from our website and are located on the rack outside the Religious Ed office. Thank you!

Suffield Local Prevention Council

Will be having a Presentation, for parents, on **Teen Vaping** conducted by **International Speaker, Robert Hackenson Jr** **Thursday, March 14th, 6:30-7:30PM at the Suffield Middle School.**

For Registration forms and more information please see the table in the church lobby.

Babysitting will be available for 5 and up.



Open House

The New England Catholic Biblical School (NECBS) invites you to visit an in-person or virtual class to see how studying all 73 books of the Bible can change your life! Visit a class any time between January 22-May 1st. Visit: www.NewEnglandCatholicBiblicalSchool.com or call 860-242-5573

FROM THE PASTOR'S DESK

The Archdiocese of Hartford recognizes the vast amount of work done by parish volunteers by awarding the St. Joseph Medal of Appreciation. Nominations are submitted by the pastors of each parish based on the number of years of service offered by either an individual or couple in the parish. This year, the St. Joseph Medal recipient for Sacred Heart Parish is Frances Flynn.

Frances has been serving our parish community for many years in her work with Fair Trade, the Parish Scholarship Fund (which includes the BINGO Nite and Christmas Fair), altar linens, and is a member of the Human Needs Committee. This is all done in cooperation with many other volunteers who work together for amazing results year in and year out.

Archbishop Blair will present the St. Joseph Medal this Sunday to all the recipients throughout the Archdiocese at the Cathedral of St. Joseph in a prayer service beginning at 3:00 in the afternoon.

Congratulations and thank you to Frances for all she has done and continues to do for our parish and community. Thank you to all the many volunteers who go above and beyond day in and day out helping us spread the gospel message!

Have a blessed week!

Fr. Joe Keough frjfk@aol.com



LENTEN REGULATIONS: According to the U.S. Conference of Catholic Bishops (USCCB),
CATHOLICS BETWEEN THE AGES 18-59 ARE OBLIGED TO FAST AND ABSTAIN FROM MEAT ON ASH WEDNESDAY AND GOOD FRIDAY.
ALL CATHOLICS AGE 14 AND UP ARE TO ABSTAIN FROM MEAT ON ASH WEDNESDAY AND ALL THE FRIDAYS OF LENT.

SAVE THE DATES

Saturday, March 30 – 10:00 AM – Blessing of Easter Food
11:00 AM – Annual Easter Egg Hunt

Saturday, April 27 – St Joseph Cemetery Annual Clean Up.

Please be considerate of others by straightening up the pew before you leave church. Remove any tissues, wrappers, and or bulletins. Place the books back in the book racks neatly and leave the kneeler up so others can easily enter the pew at the next Mass. Thanks!