



# Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

Follow us on Facebook at Sacred Heart, Suffield 

Website: [SacredHeartCT.com](http://SacredHeartCT.com)

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

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## Mass Times:

**Weekends: Saturdays:** 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am

**Daily Mass:** 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

**Holy Day:** Please consult the Bulletin.

## Sacraments:

*Confessions: Saturdays 2:30 - 3:30pm or by appointment.*

*Baptisms: Sundays at 12:00 Noon. Please call the Rectory to schedule a date.*

*Holy Matrimony: At least six months of notice should be given to arrange for weddings.*

*Anointing of the Sick Please call the office.*

## On going devotions:

*Weekly Morning Rosary: Tuesdays at 7:30 AM*

*Adoration of the Blessed Sacrament: Mondays 3 to 4 PM, Fridays 7:30 to 8 AM*

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## Parish Staff

*Pastor: Fr. Joseph Keough Email: [frjfk@aol.com](mailto:frjfk@aol.com)*

*Administrative Assistant: Jackie Dion email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)*

## Religious Education:

**860-668-7766 Fax: 860-370-5164**

*Director: Miss Donna M. Swols email: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)*

*Assistant : Jackie Dion email : [reledaa22@proton.me](mailto:reledaa22@proton.me)*

## Directors of Music

*Floyd Higgins & Gretchen Collins [floydandgretchen@comcast.net](mailto:floydandgretchen@comcast.net)*

**\*Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

**Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the [archdioceseofhartford.com](http://archdioceseofhartford.com)

# March 17, 2024 Fifth Sunday of Lent

## Saturday, March 16

4:00 PM George Clough

## Sunday, March 17

8:00 AM Matthew & Richard Roy  
Fabiola Bille(L)~*Birthdays Intentions*

9:30 AM For Vocations

11:00 AM Patrick Dwyer

## Monday, March 18

8:00 AM Leroy Dorbuck

3 – 4 PM **Holy Hour**

## Tuesday, March 19

8:00 AM Jennie "Olga" Colson  
Robert LeRoy Trask~25<sup>th</sup> Anniversary

## Wednesday, March 20

8:00 AM Judith P. Lowrie  
Susan M. Peltz

## Thursday, March 21

8:00 AM **NO MASS**

## Friday, March 22

8:00 AM Ryan Pickerill

## Saturday, March 23

4:00 PM Frank Reynolds(D)~*Birthdays Blessings*

## Sunday, March 24

8:00 AM Leo & Regina Morency

9:30 AM Jennie "Olga" Colson

11:00 AM Eleanor Fitzgerald

## Our Weekly Offertory

On **March 10**, 501 members and visitors worshipped with us at Sacred Heart Parish.

March 10, 2024, Parish Support:

<b>\$6,116.36</b>	<b>Offertory</b>
<b>\$853.20</b>	<b>Online Giving</b>
<b>\$6,969.56</b>	<b>Total</b>

*Thank you for your support!*

## HOLY WEEK 2024

**Palm Sunday 4 PM Vigil, 8:00, 9:30 and 11:00 AM**

**\*Monday -Wednesday 8:00 AM Mass**

**\*Monday Holy Hour 3-4 PM**

**LAST CALL FOR CONFESSIONS MONDAY 6-7 PM**

**Tuesday 11:00 AM Chrism Mass at the Cathedral of St. Joseph**

**Holy Thursday Mass of the Lord's Supper 7:00 PM ~**  
with the church open until 10:00PM for time before the Blessed Sacrament

**Good Friday 3:00 Liturgy of the Lord's Passion**

**6:30 PM Stations of the Cross**

**Holy Saturday 10:00AM Blessing of Easter Foods**

**NO CONFESSIONS or 4:00 VIGIL MASS**

**8:00 PM Great Vigil of Easter**

**Easter Sunday 8:00, 9:30 and 11:00 AM**

*Baptized in Christ*  
**Layla Christine LaPenta**



## Archbishop's Annual Appeal 2024

The 2024 Archbishop's Annual Appeal is now underway in our parish. Your support of this year's Appeal ensures that essential charitable, educational, and pastoral ministries of the Archdiocese of Hartford will be carried forward.

- Since 1997, Archbishop's Annual Appeal Vicariate Outreach Program has been able to provide over \$21 million in funding to community-based local charities throughout Hartford, New Haven, and Litchfield Counties to assist them in their important work of serving the needs of God's people. In 2023, we were able to provide nearly \$900,000 to over 150 various organizations, nominated by pastors, across the Archdiocese.

- Organizations such as Suffield Community Aid right here in our own town received funding from the Appeal's Vicariate Outreach Program that makes a difference in serving our neighbors.

All funds contributed to the Archbishop's Annual Appeal are used exclusively for the purposes outlined in the Appeal literature, which can be found at <https://archdioceseofhartford.org/appeal/>. No Appeal funds are ever used for legal fees or settlements.

## PARISH REGISTRATION/UPDATE

NAME/s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

New Registration  Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

**STATUS:** Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

**SUMMER MASS SCHEDULE CHANGES:** Recently the Archdiocese instructed pastors to consolidate Masses where less than 50 % of the church was occupied at more than one Mass. Many parishes immediately dropped Masses or revised their schedules. I had talked about going to a moderated schedule for the summer as our numbers are historically lower due to summer travel. **Beginning the weekend of June 1 & 2 through August 31/Sept.1 the weekend Mass schedule will be Sat. 4 PM, Sunday 8:30 and 10:30 AM.** If you have a Sunday Mass intention scheduled for 9:30AM those months, you will be contacted to reschedule the intention. If your intention is for 8:00AM it will be scheduled for 8:30AM and 11:00AM for 10:30AM.

Eggs needed!

Eggs needed! Once again, we are asking for your donation of fillable **Plastic** eggs for the Easter Egg Hunt to be held on Saturday, March 30. An “egg box” is located in the vestibule. Thank you for your support!

Suffield Community Aid Pantry Needs

Cleaning Supplies, Shelf-stable milk, Canned pastas, Cereal, Small Laundry Detergents, Individually wrapped Easter candy

*Items will be collected March 16-17*

*Thank you, Sacred Heart Human Needs Ministry*



**Knights of Columbus®**

**Suffield Council # 6281**

Ed McAnaney, Grand Knight

• **Important Upcoming Dates:**

- The Connecticut (Hartford) March for Life will be held on **Wednesday, March 20, 2024**. There will be a **10:00 a.m. Mass** at the Cathedral of St. Joseph. The **rally** is scheduled for 12:00 noon at the Capitol, with the **march** to follow **beginning at 1:00 p.m.**

Here is a link to find out about the Connecticut March for Life 2024 **Bus Ride from Holy Family Church** in Enfield!

<https://rally.co/ct-march-for-life/from/holy-family-church-enfield-CT/trip/2003920?ReferredBy=255609>

- The local council will sponsor a Pancake Breakfast on **Sunday, March 24<sup>th</sup>** following the 8:00 a.m. and 9:30 a.m. Masses. Please plan to bring a big appetite to Father Ted Hall. K of C members wishing to help out should contact John Crosson.
- Spring clean-up at the Saint Joseph Cemetery located on Hill Street has been scheduled for **Saturday, April 27<sup>th</sup> at 8:00 a.m.** please plan to have all personal items you want to keep removed by Friday April 26.
- Graduating seniors who are a practicing Catholic from Suffield or a surrounding community, are urged to consider applying for a Knight of Columbus scholarship. Please contact the Parish Office for an application which must be completed and **submitted by no later than May 1, 2024**.
- If you are interested in joining local Council # 6281 of the Knights of Columbus, use this **QR code** or go online to **KofC.org/joinus** and enter Council #6281 for information specific to the Suffield council.



Messages or inquiries can be left with the Parish Office at 860.668.4246 and someone will get back to you ASAP.

**RELIGIOUS EDUCATION NEWS**

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and vacations

Donna Swols, DRE: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)

Jackie Dion, Adm. Asst.: [reledaa22@proton.me](mailto:reledaa22@proton.me)

*Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.*

**REMINDER:** Grade 2 Reconciliation Retreat this Saturday, March 23, 2024! Check your email for details. Thank you!

**DATES TO NOTE:** 1<sup>st</sup> Reconciliation Service, Saturday, April 6, 2024; 1<sup>st</sup> Holy Communion Retreat, Saturday, April 27, 2024; 1<sup>st</sup> Holy Communion Mass, Saturday, May 4, 2024; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 5, 2024, at 8am.

**LOST AND FOUND:** Don't forget to check our “Lost and Found” basket at Religious Education. Any unclaimed items will be donated to charity at the end of the year. Thank you.

**BIBLE STUDY**

Tuesday at 6:30 PM in Fr. Ted Hall  
All are welcome!



**Open House**

The New England Catholic Biblical School (NECBS) invites you to visit an in-person or virtual class to see how studying all 73 books of the Bible can change your life! Visit a class any time between January 22 through May 1<sup>st</sup>. [www.NewEnglandCatholicBiblicalSchool.com](http://www.NewEnglandCatholicBiblicalSchool.com) or call 860-242-5573

## FROM THE PASTOR'S DESK

The "rose" vestment seemed to have gotten a lot of attention last week. If you missed it, be here for the Third Sunday of Advent. Someone asked if I would be wearing green vestments this weekend for St. Patrick's Day. No. In fact green vestments are never worn on St. Patrick's Day. Since Patrick died naturally (not a martyr) the vestment would be white. However, since it is Lent, the vestments and altar cloths are still purple.

This Tuesday, the vestments will be white in honor of St. Joseph. This is a solemnity, Joseph, spouse of the Virgin Mary and the patron saint of the Archdiocese of Hartford. We have the gloria at the Mass and if you want to split hairs it is a day when you could take a break from your Lenten practices. The Italian Zeppole di San Giuseppe (possibly the original "holy cannoli") comes to mind!

Some people get miffed if "their saint or devotion" gets bumped on a Sunday or for a liturgical season. Any saint and/or devotional act must lead us to Jesus to be authentic. There is nothing on earth closer to Jesus than Jesus in the Mass and especially in the Eucharist.

Next Sunday we have red for Palm Sunday and during Holy Week, we will have purple on Monday through Wednesday. White on Holy Thursday, red for Good Friday, and then white for the 50 days of Easter. If you are really looking for the green vestments on a Sunday, it will be June 9<sup>th</sup>!

Have a blessed week!

Fr. Joe Keough [frjfk@aol.com](mailto:frjfk@aol.com)

**LENTEN REGULATIONS:** According to the U.S. Conference of Catholic Bishops (USCCB), CATHOLICS BETWEEN THE AGES 18-59 ARE OBLIGED TO FAST AND ABSTAIN FROM MEAT ON ASH WEDNESDAY AND GOOD FRIDAY.  
ALL CATHOLICS AGE 14 AND UP ARE TO ABSTAIN FROM MEAT ON ASH WEDNESDAY AND ALL THE FRIDAYS OF LENT.

WOMEN'S RETREAT APRIL 19-21 at the Holy Family Passionist Retreat Center, West Hartford. Our retreat theme this year is *Only Say the Word*. When Jesus encounters the centurion in the Gospel of Matthew (8:5-13), he meets a person of deep faith and humility who knows that healing comes from God alone. The centurion proclaims, "Lord, I am not worthy that you should come under my roof, **but only say the word, and my servant shall be healed.**" During this retreat, we will explore where healing is needed in us and in the world.

For more information and additional dates go to: [holyfamilyretreats.org/themed-retreats](http://holyfamilyretreats.org/themed-retreats). Mark your calendars and plan on spending some time with other women in prayer. Think about all you do for your family, community, and career, YOU DESERVE THIS!

### **LENTEN STEPS TOWARD HOLINESS:**

**Daily Mass:** Mon, Tues, Wed, Fri. 8:00 AM (also available streaming on our Facebook page)

**Confessions:** Monday 6-7:00 PM, Saturday 2:30-3:30 or by appointment

**Eucharistic Adoration:** Monday 3-4 :00 PM, Friday 7:30-8:00 AM

**Stations of the Cross:** Friday 6:30 PM

*"Fasting is the soul of prayer; mercy is the life blood of fasting. If we have not all three together, we have nothing." St. Peter Chrysologus*

## SAVE THE DATES

**Sunday, March 24** – Pancake Breakfast sponsored by the Knights of Columbus

**Saturday, March 30** – 10:00 AM – Blessing of Easter Food  
11:00 AM – Annual Easter Egg Hunt

**April 17-19** – Women's Retreat Weekend

**Saturday, April 27** – St Joseph Cemetery Annual Clean Up 8:00AM. Please have all personal items you wish to keep removed by Friday, April 26. Thank you. All local members are encouraged to help on this day.

**Friday, May 17** – Trip to Connecticut Suns basketball game against the Washington Mystics, sponsored by the local Council #6281 Knights of Columbus. Details are in the works.

**Saturday, June 1** – The local Knights of Columbus #6281 20<sup>th</sup> Annual Golf Tournament. Contact person Craig Tini 860-888-6697

Please be considerate of others by straightening up the pew before you leave church. Remove any tissues, wrappers, and or bulletins. Place the books back in the book racks neatly and leave the kneeler up so others can easily enter the pew at the next Mass. Thanks!