



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✻ P.O. Box 626 ✻ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays at 12:00 Noon. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange for weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 3 to 4 PM, Fridays 7:30 to 8 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@sbcglobal.net

Assistant : Jackie Dion email : reledaa22@proton.me

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

Please report any suspicious activity to the parish office and/or Suffield Police.

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

March 3, 2024 Third Sunday of Lent

Saturday, March 2

4:00 PM For Our Parishioners

Sunday, March 3

8:00 AM Gallagher Family

9:30 AM Regina Guilmartin

11:00 AM Jeffrey Mandirola

Monday, March 4

8:00 AM Walter Mischczuk

3 – 4 PM **Holy Hour**

Tuesday, March 5

8:00 AM Michael Berardi

Wednesday, March 6

8:00 AM James Wessling~3rd Anniversary

Thursday, March 7

9:00 AM **NO MASS**

Friday, March 8

8:00 AM Mary Ann Zak

Saturday, March 9

4:00 PM Frank Kulina

Damarais Castillo(L)~*Birth*day Intentions

Sunday, March 10

8:00 AM Lise Roy

Trevor French

9:30 AM For Our Parishioners

11:00 AM Raye Mandirola

Our Weekly Offertory

On **February 25, 580** members and visitors worshipped with us at Sacred Heart Parish.

February 25, 2024, Parish Support:

\$5,770.78	Offertory
\$229.60	Online Giving
\$6,000.38	Total

Thank you for your support!

LENTEN STEPS TOWARD HOLINESS:

Daily Mass: Mon, Tues, Wed, Fri. 8:00 AM
(also available streaming on our Facebook page)

Confessions: Monday 6-7:00 PM, Saturday 2:30-3:30 or by appointment

Eucharistic Adoration: Monday 3-4 :00 PM, Friday 7:30-8:00 AM

Stations of the Cross: Friday 6:30 PM

*“Fasting is the soul of prayer; mercy is the life blood of fasting. If we have not all three together, we have nothing.”
St. Peter Chrysologus*



Archbishop's Annual Appeal 2024 Underway

The 2024 Archbishop's Annual Appeal is now underway in our parish. Our goal is to engage our entire parish family in this year's Appeal and to pray for the success of the Appeal, both here in our parish and across the three counties of the Archdiocese.

To view some of the wonderful things accomplished through your generosity, the Archbishop's Annual Appeal is continuing the web-series called, ***The Annual Appeal at Work***. The season premiere will be airing on Thursday, March 7th on all Archdiocesan Social Media sites as well as the Archbishop's Annual Appeal webpage. New episodes will air the first week of each month, for the rest of 2024. Each episode will highlight some of the wonderful ministries supported by the 2024 Archbishop's Annual Appeal, ***Do This in Memory of Me*** by going to the Archbishop's Annual Appeal Website, <https://archdioceseofhartford.org/appeal/> you will find a link for each episode. Please tune in, Thursday, March 7th for the season premiere.

All funds contributed to the Archbishop's Annual Appeal are used exclusively for the purposes outlined in the Appeal literature, which can be found at <https://archdioceseofhartford.org/appeal/>. No Appeal funds are ever used for legal fees or settlements.

Please respond as generously as your means allow.

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

New Registration Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

Do something for others this Lent: CATHOLIC RELIEF SERVICES (CRS) OPERATION RICE BOWL: An easy way to make a big difference in our world! Please, pick up your Rice Bowl in the vestibule and return it at the end of Lent. You can submit change, cash and or a check made out to Sacred Heart Parish with "Rice Bowl" in the memo section.

BIBLE STUDY

Bible Study Group is back in swing.
Tuesday at 6:30 PM in Fr. Ted Hall All are welcome!

Donor Letters for Taxes

If you are interested in a copy of your contributions to Sacred Heart for 2023, please email the office at SacredHeartSuffield1@gmail.com or call the office at 860-668-4246

Worldwide Marriage Encounter Experience Third Sunday of Lent



Ask Jesus for wisdom and strength in your marriage. He will give you all you need for a fulfilling lifegiving marriage. Sign up for a Worldwide Marriage Encounter Experience and learn how to listen better, communicate more, and love each other. You will be glad you did! You can find one by looking up WWME.org. Some of the dates to sign up are:

March 15-17, 2024, in Upton, MA

April 11-May 23, 2024 (virtual 3RE)

April 26-28, 2024 (non-residential weekend) in Connecticut

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://wwmectw.org/>.



**Knights of
Columbus®**

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates:

- The Connecticut (Hartford) March for Life will be held on **March 20, 2024**. There will be a **9:30 a.m. mass** at the Cathedral of St. Joseph. The **rally** is scheduled for 12:00 noon at the Capitol, with the **march** to follow **beginning at 1:00 p.m.**
- The local council will once again host an Easter Egg Hunt on the Sacred Heart Parish church grounds. Look for a future March date to be announced soon.
- The local K of C council supports the Enfield Loaves and Fishes on the second Sunday of every month. Please consider volunteering to serve from 3:30 to 5:00 p.m.
- Next local council meeting is scheduled for tonight, Sunday **March 3, 2024, at 7:00 p.m.** Father Ted Hall.



Messages or inquiries can be left with the Parish Office at 860.668.4246 and someone will get back to you ASAP.

RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and vacations.

Donna Swols, DRE : shc_dre@sbcglobal.net

Jackie Dion, Adm. Asst.: reledaa22@proton.me

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



TURN YOUR CLOCKS AHEAD – NEXT SATURDAY, MARCH 9, 2024! – Daylight Savings Time begins **next Sunday, March 10, 2024**, so remember to turn your clocks ahead! Classes will be held on Daylight Savings Time so don't be late!

YOUTH STATIONS OF THE CROSS- THIS FRIDAY!: March 8, 2024, at 6:30pm in the church. Join the youth of the Religious Education program as they lead the Stations of the Cross for Lent. †

DATES TO NOTE: Grade 8 Retreat and Youth Mass, Saturday, March 16, 2024; 1st Reconciliation Retreat, Saturday, March 23, 2024; 1st Reconciliation Service, Saturday, April 6, 2024; 1st Holy Communion Retreat, Saturday, April 27, 2024; 1ST Holy Communion Mass, Saturday, May 4, 2024; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 5, 2024 at 8am.

IMPORTANT – STUDENT MAKE-UP WORK: Please be sure students have completed any make-up work **and** submitted it to the Religious Education office for credit. Notifications of overdue make-up work have been sent. Questions? - Contact our office.

Suffield Local Prevention Council
Will be having a Presentation, for parents, on **Teen Vaping** conducted by **International Speaker, Robert Hackenson, JR.**

Thursday, March 14th, 6:30-7:30PM at the Suffield Middle School.

For Registration forms and more information please see the table in the church lobby.

Babysitting will be available for 5 and up.



Open House

The New England Catholic Biblical School (NECBS) invites you to visit an in-person or virtual class to see how studying all 73 books of the Bible can change your life! Visit a class any time between January 22-May 1st.

Visit: www.NewEnglandCatholicBiblicalSchool.com or call 860-242-5573

FROM THE PASTOR'S DESK

The Cathedral of St. Joseph in Hartford is one of the few cathedrals in the world that does not have a gift/book shop. Your only option then is to go inside, pray and appreciate the unique architecture of our Mother Church. I have had the privilege of leading many pilgrimage groups and generally the first question about a magnificent, ancient cathedral is “where’s the gift shop?” The second question is, “where are the restrooms?” Someday I might offer a trip called “Gift Shops and Toilets of the Great Cathedrals of Europe”. Speaking of traveling, you’re probably asking, “ok, Father, where is this going?”

In today’s gospel, Jesus is not only flipping tables, but he is also flipping out about the mess the Holy Temple of Jerusalem has become. The buying and selling of items for sacrifice had become a business more important than the prayer that was symbolized by the sacrifice offered on the altars. Human greed has led to cheating and fraud of unsuspecting pilgrims to the temple. As Jesus drives them all out with a whip of cords, he knows that not only will they return, but soon he will be driven to his crucifixion by whipping and beatings of the Roman soldiers and temple guards.

Why does he bother if nothing is going to change? Jesus wants to remind the people then and now that God desires a sacrifice of our contrite and grateful hearts more than any outward gestures. Jesus also dramatically points out that a temple or church is a sacred space. It is where we gather to encounter and worship our God through communal and private prayer. Think about that as we enter our church or any other. Are we reverent and respectful of this holy place? Are we supportive of the quiet prayer of the other members of our family and parish family?

You are invited not just to watch or “go to Mass”. You are called to fully participate in the liturgy by joining your heart and soul to the gathered community but most importantly, to the Holy Trinity. At each Mass, we are participants in the life, death, and resurrection of Jesus Christ through the power of the Holy Spirit so that Christ our High Priest can offer us to God the Father. It is not God doing something for God. It is Jesus the Son of God taking on our humanity, accepting death for our sins and rising to give us eternal life. This requires our awareness, reverence, and gratitude in order for us to receive the graces necessary to change our lives and our world. That is why Jesus bothers to do all that he does for you!

Have a blessed week!

Fr. Joe Keough frjfk@aol.com

Please be considerate of others by straightening up the pew before you leave church. Remove any tissues, wrappers, and or bulletins. Place the books back in the book racks neatly and leave the kneeler up so others can easily enter the pew at the next Mass. Thanks!

LENTEN REGULATIONS: According to the U.S. Conference of Catholic Bishops (USCCB),
CATHOLICS BETWEEN THE AGES 18-59 ARE OBLIGED TO FAST AND ABSTAIN FROM MEAT ON ASH WEDNESDAY AND GOOD FRIDAY. ALL CATHOLICS AGE 14 AND UP ARE TO ABSTAIN FROM MEAT ON ASH WEDNESDAY AND ALL THE FRIDAYS OF LENT.

* When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.