



# Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

Follow us on Facebook at Sacred Heart, Suffield 

Website: [SacredHeartCT.com](http://SacredHeartCT.com)

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

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## Mass Times:

**Weekends: Saturdays:** 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am

**Daily Mass:** 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

**Holy Day:** Please consult the Bulletin.

## Sacraments:

*Confessions: Saturdays 2:30 - 3:30pm or by appointment.*

*Baptisms: Sundays at 12:00 Noon. Please call the Rectory to schedule a date.*

*Holy Matrimony: At least six months of notice should be given to arrange for weddings.*

*Anointing of the Sick Please call the office.*

## On going devotions:

*Weekly Morning Rosary: Tuesdays at 7:30 AM*

*Adoration of the Blessed Sacrament: Mondays 6 to 7 PM, Fridays 7:30 to 8 AM*

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## Parish Staff

*Pastor: Fr. Joseph Keough Email: [frjfk@aol.com](mailto:frjfk@aol.com)*

*Administrative Assistant: Jackie Dion email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)*

## Religious Education:

**860-668-7766 Fax: 860-370-5164**

*Director: Miss Donna M. Swols email: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)*

*Assistant : Jackie Dion email : [reledaa22@proton.me](mailto:reledaa22@proton.me)*

## Directors of Music

*Floyd Higgins & Gretchen Collins [floydandgretchen@comcast.net](mailto:floydandgretchen@comcast.net)*

**\*Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

**Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the [archdioceseofhartford.com](http://archdioceseofhartford.com)

# April 14, 2024 The Third Sunday of Easter

## Saturday, April 13

4:00 PM Matt Reynolds(L)~*Birthdays Intentions*  
Lawrence Ridel Jr.  
Zeigfred Galica

## Sunday, April 14

8:00 AM Matthew & Richard Roy  
Therese & Ronald Duwell  
Trevor French  
Alexander Ehongo & Raymond Stearns  
9:30 AM For Our Parishioners  
11:00 AM Healing for Jerry O'Connor

## Monday, April 15

8:00 AM Archbishop Blair(L)~  
*75<sup>th</sup> Birthday Blessings*  
6 – 7 PM Holy Hour

## Tuesday, April 16

8:00 AM Michael Berardi  
Edward Danek, Sr.  
Peter Beneski

## Wednesday, April 17

8:00 AM For Vocations

## Thursday, April 18

8:00 AM **NO MASS**

## Friday, April 19

8:00 AM Izabella Collier(L)~*Birthdays Intentions*

## Saturday, April 20

4:00 PM Frank Kulina

## Sunday, April 21

8:00 AM Leo & Regina Morency  
9:30 AM For Vocations  
11:00 AM Joseph A. Karmelowicz  
Daniel Flynn(D)~*Birthdays Blessings*  
Kathleen Helmke

## Our Weekly Offertory

On **April 7, 475** members and visitors worshipped with us at Sacred Heart Parish.

April 7, 2024, Parish Support:

<b>\$7,052.43</b>	<b>Offertory</b>
<b>\$718.30</b>	<b>Online Giving</b>
<b>\$7,770.70</b>	<b>Total</b>

*Thank you for your support!*

### SUMMER MASS SCHEDULE CHANGES:

Our numbers are historically lower between June and September due to summer travel and vacations. Beginning the weekend of **June 1 & 2 through August 31/Sept.1** the weekend Mass schedule will be **Sat. 4 PM, Sunday 8:30 and 10:30 AM**. If you have a Sunday Mass intention scheduled for 9:30AM those months, you will be contacted to reschedule the intention. If your intention is for 8:00AM it will be scheduled for 8:30AM and 11:00AM for 10:30AM.



**LAST CALL! OPERATION RICE BOWL** You may return your "rice bowl" to the container in the vestibule anytime no later than April 14<sup>th</sup>. Thank you for your support!

### Archbishop's Annual Appeal 2024

In just a few short weeks, our parish has raised \$14,000 for the 2024 Archbishop's Annual Appeal. In these trying times, the need of our surrounding community grows, and the assistance provided by the Appeal becomes all the more crucial. If you have not yet made your gift to this year's Appeal, please consider doing so in the days ahead. Your gift to the Archbishop's Annual Appeal will help continue the vital services, ministries and programs that help so many throughout our Archdiocese. All funds contributed to the Archbishop's Annual Appeal are used exclusively for the purposes outlined in the Appeal literature, which can be found at <https://archdioceseofhartford.org/appeal/>. No Appeal funds are ever used for legal fees or settlements.

### PARISH REGISTRATION/UPDATE

NAME/s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

New Registration  Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

**STATUS:** Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

### Suffield Community Aid Pantry Needs

Lunch Box Snacks, Crackers, Dish Soap,  
Shampoo/Conditioner, Cooking Oil, Mayo.

*Items will be collected April 20<sup>th</sup> & 21<sup>st</sup>.*

*Thank you, Sacred Heart Human Needs Ministry*

### BOOK CLUB

Wednesday, April 17 10:30-11:30am, Fr. Ted Hall.

*The Round House*

By Louise Erdrich

### Worldwide Marriage Encounter: Third Sunday of EASTER

Sign up for a Worldwide Marriage Encounter Experience and you will learn the tools to transform your marriage. You can find one by looking up WWME.org. Some of the dates to sign up are:

**June 7-June 9, 2024, in Upton, MA**

**June 21-June 23, 2024, in Huntington, NY**

**August 2-4, 2024, in Portland, CT**

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://wwmectw.org/>.

### RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only.

Closed holidays and vacations.

Donna Swols, DRE: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)

Jackie Dion, Adm. Asst.: [reledaa22@proton.me](mailto:reledaa22@proton.me)

*Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.*

COUNTLESS THANKS: A gracious and heartfelt THANK YOU to all our volunteers, student volunteers and parishioners who gave their time, talent, and treasure to our Religious Education program this year. Our students and staff at Religious Education say "THANK YOU" again!

DATES TO NOTE: 1<sup>st</sup> Holy Communion Retreat, Saturday, April 27, 2024; 1<sup>st</sup> Holy Communion Mass, Saturday, May 4, 2024; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 5, 2024 at 8am.

IMPORTANT REMINDERS: 1) All community service should be submitted on completed/signed forms. Forms may be downloaded from our website and are located on the rack outside the Religious Ed office. Thank you! 2) All overdue make up work should be completed and submitted to the Religious Education office. Please note that non-submission of make-up work, community service hours and other requirements affect grade promotion. Thank you!

### BIBLE STUDY

Tuesdays, Fr. Ted Hall, 6:30 PM. All are welcome.

**Help wanted: Saint Therese Parish in Granby is in need of a Parish Secretary. If you or someone you know would be interested in filling this position, please call the Parish Office at 860-653-3371**

### RETREAT INFORMATION for Women and Men of the parish.

WOMEN'S RETREAT APRIL 19-21

MEN'S RETREAT JUNE 7-9

Both are at: Holy Family Passionist Retreat Center, West Hartford.

The retreat theme for both programs this year is *Only Say the Word*. When Jesus encounters the centurion in the Gospel of Matthew (8:5-13), he meets a person of deep faith and humility who knows that healing comes from God alone. The centurion proclaims, "Lord, I am not worthy that you should come under my roof, **but only say the word, and my servant shall be healed.**" During this retreat, we will explore where healing is needed in us and in the world.

**For more information visit: [www.holyfamilyretreat.org](http://www.holyfamilyretreat.org)**



**Knights of Columbus®**

**Suffield Council # 6281**

Ed McAnaney, Grand Knight

### **Important Upcoming Dates:**

- Spring clean-up at Saint Joseph Cemetery, Hill Street has been scheduled for **Saturday, April 27<sup>th</sup> at 8:00 a.m.** Please have all personal items cleared from the cemetery grounds prior to this date. All members wishing to help on this day are welcome.
- Graduating seniors who are a practicing Catholic from Suffield or a surrounding community, are urged to consider applying for a Knight of Columbus scholarship. Please contact the Parish Office for an application which must be completed and **submitted by no later than May 1, 2024.**
- Local council members will again participate in HomeFront on **Saturday, May 4<sup>th</sup>**, when volunteers will report to a local residential property for a day of doing repairs or maintenance for a low-income homeowner. All tools and expertise will be provided, just arrive ready to work!
- A **Friday, May 17<sup>th</sup>** trip to a Connecticut Suns basketball game with the Washington Mystics is being offered. The ticket price will be \$30 with the local council providing and paying for bus transportation. Pick up a flyer in the church vestibule or contact the Parish Office for more information or details.
- The 20<sup>th</sup> Annual Knights of Columbus Golf Tournament at the Suffield Country Club is scheduled for **Saturday, June 1<sup>st</sup>**. Net profits for this event will be used to support scholarships to graduating seniors. Parties interested in registering to play (\$150 individual), funding a corporate sponsorship at the level of \$100, \$200, or \$500, or volunteering to help out on the day of the tournament, please contact Craig Tini at (860)888-6697 for more information.

**Messages or inquiries can be left with the Parish Office at 860.668.4246 and someone will get back to you ASAP.**

## FROM THE PASTOR'S DESK

Next year at this time we will have just entered Holy Week as the date of Easter 2025 is April 20<sup>th</sup> with Lent beginning on March 5<sup>th</sup>. It gives us a little more time between the Christmas Season and Lent/Easter Season. It also means the weather will be better and more flowers and trees coming back to life. I mention all of this because several people have remarked on it being too cold or too early for Easter. Which gives rise to the questions “what is the actual date of the Resurrection?” and “how is the date of Easter determined?”

Nobody knows the actual date of the calendar when Christ rose as there were many calendars in use at the time, even among the Jewish people. As far as the second question, it took about 300 years and quite a bit of arguments and outright fist fights among bishops over the date.

Back around the year 325, at the First Council of Nicea, the Church determined what was called the “Ecclesiastical Equinox” which set a permanent date for the Spring Equinox, following the Jewish calendar for the Feast of Passover. The “Paschal Full Moon” would be the first full moon after March 21. This settled a dispute which arose from the First Council of Ephesus in 190 AD over celebrating on the Jewish calendar’s 14<sup>th</sup> day of Nisan, or on the Sunday immediately following that date. Pope Victor I, threatened to excommunicate bishops who did not adhere to the Sunday date but there is no evidence that he followed through with the threat.

The Celebration of the Pascha (original name of Easter) took place on the Sunday immediately after that full moon. Because the lunar cycle is approximated the date can vary. The Paschal Full Moon follows a 19-year cycle which means the date of Easter can come as early as March 25 and as late as April 25 between now and the year 2400 (which was the last year calculated back in the 1800’s.)

That is for the Roman Catholic (Western Church). Our Orthodox brothers and sisters have a different calculation for the date as they are based on the Julian Calendar but once in a while, about 31 times in the past 100 years, the two calendars sync up as they will next year.

Have a blessed Easter Season!

Fr. Joe Keough [frjfk@aol.com](mailto:frjfk@aol.com)

**SPRING CLEAN YOUR CLOSETS and support a good cause—our Spring Clothing Drive is happening April 27 & 28 after all Masses. Gently used, clean clothes for the warmer months are needed as well as household items such as bed linens and towels. Please label your donations and drop them off at the 4-bay garage after Mass. All items should be received by noon on the 28<sup>th</sup>. Thank you in advance for your support!**

### ***SACRED HEART PARISH SCHOLARSHIP:***

**Applications are now available for the 2024 Sacred Heart Parish Scholarship. This scholarship is open to any high school senior who is a member of the parish and will be attending an accredited institution of higher learning in the fall of this year. Applicants MUST be registered members of the parish, Confirmed and actively involved in living out their faith. Applications and instructions are available in the entrance hall or at the rectory.**

### SAVE THE DATES

**April 17-19** – Women’s Retreat Weekend

**Saturday, April 27** –8AM St Joseph Cemetery Annual Clean Up

**April 27 & 28** – Spring Clothing Drive

**May 10** – BINGO Night in FR. Ted Hall

**May 17** – Trip to Mohegan Sun for CT SUN Basketball WNBA

**October 12** – (yes really) 2<sup>nd</sup> Annual Barn Dance