



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✱ P.O. Box 626 ✱ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am.

Summer Hours: June through August: **Saturdays:** 4:00pm **Sundays:** 8:30am and 10:30am

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (**NO Thursday Mass**)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays after the last Mass. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange for weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 3 to 4 PM, Fridays 7:30 to 8 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@sbcglobal.net

Assistant : Jackie Dion

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

Please report any suspicious activity to the parish office and/or Suffield Police.

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

February 2, 2025 Feast of the Presentation of the Lord

Saturday, February 1

4:00 PM Carolyn Stack
Bro. Eugene Sheehan, OFMCAP

Sunday, February 2

8:00 AM Matthew & Richard Roy
Marcella Galetta
9:30 AM For Vocations
11:00 AM Wanda Bycenski

Monday, February 3

8:00 AM For Our Parishioners
3 – 4 PM Holy Hour

Tuesday, February 4

8:00 AM Intentions of Karen Doyon(L)♥

Wednesday, February 5

8:00 AM Michael Berardi~1st Anniversary
Thomas Chmura

Thursday, February 6

8:00 AM **NO MASS**

Friday, February 7

8:00 AM Thomas J. Keough
Clementine Bouton(L)~Birthday Intentions

Saturday, February 8

4:00 PM Peter Weksner
Ninfa Laiuppa

Sunday, February 9

8:00 AM For Our Parishioners
9:30 AM For Vocations
11:00 AM For Our Parishioners

***Apologies for any misspelled names**

FEAST OF ST. BLAISE: Blessing of throats
after 8:00 Mass on Monday, Feb 3rd.

Women of the parish! Give yourself a gift of a weekend of relaxation and contemplation. Sign up now for our parish retreat at Our Lady of Calvary Retreat Center in Farmington, CT, on the weekend of March 21st – March 23rd. ***"I Have Called You Friends"*** is this year's theme. Come away to rest in the quiet. For information, call Joanne Szelag, (860) 573-2581, or go to Our Lady of Calvary's retreat page

www.ourladyofcalvary.net

Bible Study Tuesdays 6:30PM in Fr. Ted

Our Weekly Offertory

On **January 26**, **553** members and visitors worshipped with us at Sacred Heart Parish.

January 26, 2025, Parish Support:

\$7,055.00	Offertory
\$767.95	Online Giving
\$7,822.95	Total

Thank you for your support!

FAIR TRADE

Fair Trade items will be available for purchase after all Masses next weekend February 8th and 9th. Please stop by the table and support the farmers, pick up some items for Valentine's Day ♥

Archdiocese of Hartford Wedding Anniversary Mass

February 15, 2025, at 3:00 pm.

*Cathedral of St. Joseph
140 Farmington Avenue
Hartford, CT 06105*

Celebrant:

The Most Reverend Christopher J. Coyne

*We invite couples celebrating a milestone
Year in increments of 5 to 60+ years.*



Please keep the church clean!

Please make sure to put your Missalettes and Hymn Books back in their places and remove any items or trash you may have in your pew. Especially at this time of year when illness is prevalent, please put used tissues in the trash. Thank you!

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

☐ New Registration ☐ Request Envelopes

☐ Change Address, E-Mail, Phone Number

☐ Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and school vacations.

Donna Swols, DRE: shc_dre@sbeglobal.net

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



THANK YOU SOOOO MUCH!: My heartfelt thanks to all the student and adult volunteers and all the families who joined us at Winter Carnival 2025 last Sunday! Everyone had a great time and Suffield Community Aid Fuel Assistance will benefit from your generosity!! My special thanks to the Around Town II Singers who entertained during the carnival and coordinated our "Musical Chairs" activity. And thank you Fr. Joe for your continued support of the Religious

Education Program and our activities!! Mark your calendar for Winter Carnival 2026 on Sunday, January 25, 2026. See you next year!

TODAY GRADE 2 AND 3 MANDATORY PARENT INFORMATION SESSION: TODAY Sunday, February 2, 2025, at 9:45am and 11:15am in Fr. Ted Hall. At least one parent must attend! Thank you.

NEXT SUNDAY - YOUTH MASS!: February 9, 2025, Youth Mass at 8am and 9:30am Mass. Religious Ed students will participate in both Masses. Hope you will join us!

FAMILY BINGO NIGHT! - FEBRUARY 22, 2025: Fun, food, and BINGO! Check the bulletin and our bulletin board for more information. Tickets go on sale next weekend, Feb. 8-9, 2025. Get ready for a great evening for all our parish families!!!



ATTENDANCE POLICY - IMPORTANT: When your child is sick or not able to attend their Religious Education class, **please be sure to call or email the Religious Ed office** and let us know for attendance records. **This is very important!** We can also work with you to make arrangements for your child to attend a make-up class, if available. A 48-hour notification is required for a make-up class request outside of illness or emergency. Thank you.

The Beginning Experience® Ministry is a peer led ministry that serves those grieving the end of a spousal relationship due to death, divorce, or separation. This winter and spring we are offering two programs, and we invite men and women of all ages and faiths to attend.

Healing Weekend- an in-person weekend retreat at Mount Alvernia Retreat Center in Wappingers Falls, NY from **March 28 to March 30, 2025**. For information or to register please call **Phyllis at 914 261 5812 or Gloria at 646 281 4790**

In the Beginning...Coping with Life Alone- one day remote via Zoom program held on **Saturday, February 22, 2025**, from 9AM to 4PM. For information or to register, please call **Jim at 845 220 7883 or Denise at 845 325 3147**.

RACHEL'S VINEYARD WEEKENDS FOR HEALING AFTER ABORTION

If you are suffering from an abortion, experience the healing love of Jesus Christ on a Rachel's Vineyard Retreat weekend **February 7-9, 2025, in Litchfield, CT**. The weekend healing process includes discussions, Living Scriptures with meditations, the Sacrament of Reconciliation, a Memorial Service and Mass of Entrustment. Participation is confidential and offers a beautiful opportunity to experience God's love, forgiveness, and compassion. Both women and men have participated in past retreats and have ranged in age from teens to mid-eighties. The fee for the weekend is \$175.00 for meals, private room, and all retreat materials. Scholarships are available for financial assistance. For more information contact Marie at 203-631-9030, e-mail her at mlaffin@prolifeministry.org, or visit our website at www.rachelsvineyard.org.

Worldwide Marriage Encounter: The Presentation of the Lord

1st Reading: Malachi 3:1-4: "The Lord God says I am sending my messenger to prepare the way before me, the Lord whom you seek and the messenger whom you desire. For he is like the refiner's fire. He will sit refining and purifying silver and will purify the sons of Levi." The messenger, Jesus, can refine and purify our marriage. As you seek and trust him, He will show you the way.

Attending a Worldwide Marriage Encounter (WWME.org) can help refine and purify your marriage. It can help you with your communication, teach you many skills, and help you to grow in intimacy and in faith with one another. Some of the dates to sign up are:

February 7-9, 2025, in Long Island, NY

March 21-23, 2025, in Burlington, VT

April 25-27, 2025, in East Sandwich, MA

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://wwmectw.org/>.



**Knights of
Columbus®**

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates & Knights News:

- Next local Suffield Council # 6281 meeting is scheduled for this **Sunday, February 2nd at 7:00 p.m.** at Father Ted Hall.
- The Knights of Columbus are planning a **Pancake Breakfast** for Sacred Heart Parishioners following the 8:00 a.m. & 9:30 a.m. masses on **Sunday, March 30th** in Father Ted Hall. All are welcome to attend this **free-of-charge event, which will have a gluten-free option available**. Donations will be accepted at the door and working with a local group of volunteers, Suffield Samaritans, these funds will be forwarded to a charity in Parrottsville, TN, an area severely impacted by Hurricane Helene.
- **Messages or inquiries can be left with the Parish Office at 860.668.4246 and someone will get back to you ASAP.**

From the Pastor's Desk

This weekend we celebrate the Feast of the Presentation of the Lord. It has been forty days since Christmas and now we bring the season to its official close. This is also known as “Candlemas Day” and the candles used for our liturgies are blessed this weekend as we embrace the Light of Christ in our lives.

In Baptism, we receive the Light of Christ as a small candle lit during the ceremony from the large “Baptism” or “Paschal” candle. The two candles on either side of the altar remind us of the two natures of Jesus Christ—fully divine and fully human. Candles designate the presence of Christ in the tabernacle. Candles cast out the darkness and fill us with an attitude of hope and joy. One small candle in a very dark place can bring light and calm.

As a member of the Body of Christ, each of us is called to bring the light of hope, peace and joy to a world too often darkened by sin and despair. No matter the day or the season, choose to be the light for others.

Have a blessed week!

Fr. Joe Keough frjfk@aol.com

Novena to Our Lady of Lourdes (February 3 – 11)

Are you praying for physical or spiritual healing for yourself or someone else? You are invited to **come and pray** the nine-day Novena to Our Lady of Lourdes honoring the apparitions of the Virgin Mary to St. Bernadette in 1858 in Lourdes, France. Mary told St. Bernadette, “I am the Immaculate Conception.” Our lady also told her where to dig to find a miraculous spring. The water from this spring has cured and healed many people ever since. Through this Novena and intercession, may our prayers be heard and granted. While the intention of this Novena is to be recited following the 8:00 AM weekday masses, you may also participate independently, with copies of the Novena made available in the vestibule of the church.



Scout Sunday 2025: With prayers and gratitude to the members of our parish family who are scouts, adult leaders and supporters. We especially appreciate those who offered their skills and talents in service to our parish through Eagle Scout projects.

FEAST OF ST. BLAISE: Blessing of throats after 8:00 Mass on Monday, Feb 3rd.

Save the Date

February 3rd – 11th - Novena for Our Lady of Lourdes after Morning Mass.

February 9th – Prayer Shawl Ministry Weekend.

Saturday, February 15 and Sunday, February 16 – Holy Land Artisans selling hand crafted olive wood items in Fr. Ted Hall after all Masses.

Wednesday February 19 – Book Club - *The Magnificent Lives of Marjorie Post* by Allison Pataki 10:30-11:30am Fr. Ted Hall.

March 21-23 – Women's Retreat Weekend at Our Lady of Calvary in Farmington.

March 30th - Pancake Breakfast.