



# Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✱ P.O. Box 626 ✱ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

Follow us on Facebook at Sacred Heart, Suffield 

Website: [SacredHeartCT.com](http://SacredHeartCT.com)

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

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## Mass Times:

**Weekends: Saturdays:** 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am.

**Summer Hours:** June through August: **Saturdays:** 4:00pm **Sundays:** 8:30am and 10:30am

**Daily Mass:** 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

**Holy Day:** Please consult the Bulletin.

## Sacraments:

**Confessions:** Saturdays 2:30 - 3:30pm or by appointment.

**Baptisms:** Sundays after the last Mass. Please call the Rectory to schedule a date.

**Holy Matrimony:** At least six months of notice should be given to arrange for weddings.

**Anointing of the Sick** Please call the office.

## On going devotions:

**Weekly Morning Rosary:** Tuesdays at 7:30 AM

**Adoration of the Blessed Sacrament:** Mondays 3 to 4 PM, Fridays 7:30 to 8 AM

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## Parish Staff

**Pastor:** Fr. Joseph Keough Email: [frjfk@aol.com](mailto:frjfk@aol.com)

**Administrative Assistant:** Jackie Dion email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

## Religious Education:

860-668-7766 Fax: 860-370-5164

**Director:** Miss Donna M. Swols email: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)

**Assistant :** Jackie Dion email : [reledaa22@proton.me](mailto:reledaa22@proton.me)

## Directors of Music

Floyd Higgins & Gretchen Collins [floydandgretchen@comcast.net](mailto:floydandgretchen@comcast.net)

**\*Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

**Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the [archdioceseofhartford.com](http://archdioceseofhartford.com)

# January 19, 2025 the Second Sunday in Ordinary Time

Saturday, January 18

4:00 PM For Vocations

Sunday, January 19

8:00 AM Roy Family

Billy Carney

9:30 AM Wanda Bycenski

11:00 AM Muzzulin Family

Anna Kapalczynski(D)~Birthday Blessings

Monday, January 20

8:00 AM Annette and Charlie Metzger

3 – 4 PM Holy Hour

Tuesday, January 21

8:00 AM Barbara Keller

Intentions of Bev(L)

Wednesday, January 22

8:00 AM Protection of Unborn Children

Tiffany Imambayev(L)~Birthday Intentions

Thursday, January 23

8:00 AM **NO MASS**

Friday, January 24

8:00 AM Seminarian Mitchell Kendrioski(L)

Saturday, January 25

4:00 PM Christopher Rossi~Anniversary

Sunday, January 26

8:00 AM Lise Roy

Charles Galetta

9:30 AM Vivian Sullivan

11:00 AM William, Wanda, Frank, Michael  
and Jacqueline Bycenski

**\*Apologies for any misspelled names**

## Our Weekly Offertory

On **January 12, 633** members and visitors worshipped with us at Sacred Heart Parish.

January 12, 2025, Parish Support:

<b>\$6,056.66</b>	<b>Offertory</b>
<b>\$588.25</b>	<b>Online Giving</b>
<b>\$6,644.91</b>	<b>Total</b>

*Thank you for your support!*

### Archdiocese of Hartford Wedding Anniversary Mass

*February 15, 2025, at 3:00 pm.*

*Cathedral of St. Joseph*

*140 Farmington Avenue*

*Hartford, CT 06105*

*Celebrant:*

***The Most Reverend Christopher J. Coyne***

*We invite couples celebrating a milestone  
Year in increments of 5 to 60+ years.*



***The Beginning Experience® Ministry*** is a peer led ministry that serves those grieving the end of a spousal relationship due to death, divorce, or separation. This winter and spring we are offering two programs and we invite men and women of all ages and faiths to attend.

***Healing Weekend-*** an in-person weekend retreat at Mount Alvernia Retreat Center in Wappingers Falls, NY from **March 28 to March 30, 2025**. For information or to register please call **Phyllis at 914 261 5812 or Gloria at 646 281 4790**

***In the Beginning...Coping with Life Alone-*** one day remote via Zoom program held on **Saturday, February 22, 2025** from 9AM to 4PM. For information or to register, please call **Jim at 845 220 7883 or Denise at 845 325 3147**.

### MEN'S RETREAT

The Men's Retreat returns to Our Lady of Calvary in 2025 with an exciting theme! How Did Jesus Talk to the Men of His time? Join Presenter Christopher Cross on January 24, 2025- January 26, 2025, at Our Lady of Calvary in Farmington CT, as he guides you on a profound exploration of how the Gospel uniquely resonates with men. You can register for this retreat by visiting our website <https://www.ourladyofcalvary.net/event/mens-retreat/> and register online or by calling us at 860-677-8519.

### PARISH REGISTRATION/UPDATE

NAME/s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

☐ New Registration ☐ Request Envelopes

☐ Change Address, E-Mail, Phone Number

☐ Moving out of parish.

**STATUS:** Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

## RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and school vacations.

Donna Swols, DRE: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)

Jackie Dion, Adm. Asst.: [reledaa22@proton.me](mailto:reledaa22@proton.me)

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.

**RELIGIOUS EDUCATION CLASSES WILL NOT MEET** today, Sunday, January 19, 2025, due to the Martin Luther King holiday. Classes for grades K-5 and grade 9 resume on Sunday, January 26, 2025. Have a safe holiday everyone!



**NEXT SUNDAY! - WINTER CARNIVAL - SUNDAY, JANUARY 26, 2025!** Youngsters and the "young at heart" are invited to our 13<sup>th</sup> annual "Winter Carnival" from 12noon-2:00pm in Fr. Ted Hall on **NEXT Sunday, January 26, 2025**. Food, games, live entertainment by "Around Town Two Singers" and fun await! Proceeds to benefit Suffield Community Aid Association. A great time for everyone!

**SAVE THE DATE - FEBRUARY 22, 2025: FAMILY BINGO NIGHT!** Fun, food, and BINGO! Check the bulletin and email for more information.



**Mass for Life:** There will be the Annual Mass for Life on Monday, January 20, 2025, at 6:00PM, St. Robert's Church, Windsor Locks, CT. Prior to the mass, there will be a recitation of the rosary at 5:30PM to pray for an end to the scourge of abortion in our state, nation and throughout the world. Fr. Michael Ruminski, Pastor of Sacred Heart Catholic Church, Bloomfield, CT will be the main celebrant, concelebrate the mass with Fr. Tim O'Brien and be our speaker following the mass. The evening will conclude with light refreshments in St. Robert's Hall. All are welcome to attend! For more information, please contact Regina Klundt, PLC Coordinator at (860) 752-0149.

## RACHEL'S VINEYARD WEEKENDS FOR HEALING AFTER ABORTION

If you are suffering from an abortion, experience the healing love of Jesus Christ on a Rachel's Vineyard Retreat weekend **February 7-9, 2025, in Litchfield, CT**. The weekend healing process includes discussions, Living Scriptures with meditations, the Sacrament of Reconciliation, a Memorial Service and Mass of Entrustment. Participation is confidential and offers a beautiful opportunity to experience God's love, forgiveness, and compassion. Both women and men have participated in past retreats and have ranged in age from teens to mid-eighties. The fee for the weekend is \$175.00 for meals, private room, and all retreat materials. Scholarships are available for financial assistance. For more information contact Marie at 203-631-9030, e-mail her at [mlaffin@prolifeministry.org](mailto:mlaffin@prolifeministry.org), or visit our website at [www.rachelsvineyard.org](http://www.rachelsvineyard.org).

**Bible Study Tuesdays 6:30PM in Fr. Ted Hall.**

## Worldwide Marriage Encounter: Second Sunday in Ordinary Time

1 Corinthians 12:4-11: We all are given spiritual gifts from the Spirit. The Holy Spirit gives us Wisdom, knowledge, faith, healing, mighty deeds, prophecy, and more. You can use these gifts in your relationship with your spouse. To learn more and to grow in your marriage, check out a Worldwide Marriage Encounter (WWME.org). It can help you in your communication, and help you to grow in intimacy and grow in faith with one another. Some of the dates to sign up are:

**January 24-26, 2025, in North Easton, MA**

**February 7-9, 2025, in Long Island, NY**

**March 21-23, 2025, in Burlington, Vermont**

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://www.mectw.org/>.



**Knights of  
Columbus®**

**Suffield Council # 6281**

Ed McAnaney, Grand Knight

## Important Upcoming Dates & Knights News:

- Next local Suffield Council # 6281 meeting is scheduled for **Sunday, February 2<sup>nd</sup> at 7:00 p.m.** at Father Ted Hall.
- Last chance to plan a visit to the Blessed Michael McGivney Pilgrimage Center, 1 State Street, New Haven, open Wednesday through Sunday, 10 a.m. to 4 p.m. With **free admission and free parking**, don't miss out on the current special exhibits: **Christmas in Africa, Christmas Tree Festival, and Away in a Manger**, all for your enjoyment from **now until February 2, 2024**.
- The Knights of Columbus are planning a **Pancake Breakfast** for Sacred Heart Parishioners following the 8:00 a.m. & 9:30 a.m. masses on **Sunday, April 13<sup>th</sup>** in Father Ted Hall. All are welcome to attend this **free-of-charge event, which will have a gluten-free option available**. Donations will be accepted at the door and working with a local group of volunteers, Suffield Samaritans, these funds will be forwarded to a charity in Parrottsville, TN, an area severely impacted by Hurricane Helene.

### **From the Pastor's Desk**

Can you imagine how many wedding invitations Jesus must have received once word got out about all the great wine he provided for this couple in Cana? What could have been a huge embarrassment for the couple and their families turns out to be a moment of grace which is recorded for generations. It is often a reason given for the Catholic tradition of prayers through the intercession of our Blessed Mother. Whatever the reasons, we know the results—an unexpected abundance of the finest wine.

More importantly, we recognize that the same Lord Jesus who went above and beyond for this unnamed couple will do the same and so much more for us! Invite Jesus into not just the big moments like weddings or births but everything, your drive to work, afternoon tea, a sporting event or movie night. Have the conversations that lead you to a deeper awareness of His presence in your life and then look for the abundant results of God's love overflowing in your life!

Have a blessed week!

Fr. Joe Keough [frjfk@aol.com](mailto:frjfk@aol.com)

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#### **Novena to Our Lady of Lourdes (February 3 – 11)**

Are you praying for physical or spiritual healing for yourself or someone else? You are invited to **come and pray** the nine-day Novena to Our Lady of Lourdes honoring the apparitions of the Virgin Mary to St. Bernadette in 1858 in Lourdes, France. Mary told St. Bernadette, "I am the Immaculate Conception." Our lady also told her where to dig to find a miraculous spring. The water from this spring has cured and healed many people ever since. Through this Novena and intercession, may our prayers be heard and granted. While the intention of this Novena is to be recited following the 8:00 AM weekday masses, you may also participate independently, with copies of the Novena made available in the vestibule of the church.



**Thank you to everyone who joined our Evening of Reflection last Sunday! Thanks especially to Caeli, Jack and Scott Flanagan for sharing their time and talents with our parish family. The program was recorded and should be available soon on our parish website at [www.sacredheartct.com](http://www.sacredheartct.com)**

#### **Save the Date**

**February 3<sup>rd</sup> – 11<sup>th</sup>** - Novena for Our Lady of Lourdes after Morning Mass.

**Saturday, February 15 and Sunday, February 16** – Holy Land Artisans selling hand crafted olive wood items in Fr. Ted Hall after all Masses.

**Wednesday February 19** – Book Club - *The Magnificent Lives of Marjorie Post* by Allison Pataki 10:30-11:30am Fr. Ted Hall.

**Prayer Shawl Ministry** – Will meet every first Monday of the month at 4 PM in the Children's Chapel-SHC.

#### **Lost Glasses**

There were two pairs of glasses found, one after the Christmas Eve 4 PM Mass and one found after the Christmas Day 10 AM Mass. If you are looking for a pair, or someone you know may be, please see me at the Rectory. Thank you.

#### **Please keep the church clean!**

*Please make sure to put your Missalettes and Hymn Books back in their places and remove any items or trash you may have in your pew. Especially at this time of year when illness is prevalent, please put used tissues in the trash. Thank you!*