



# Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✱ P.O. Box 626 ✱ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

Follow us on Facebook at Sacred Heart, Suffield 

Website: [SacredHeartCT.com](http://SacredHeartCT.com)

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

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## Mass Times:

**Weekends: Saturdays:** 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am.

**Summer Hours:** June through August: **Saturdays:** 4:00pm **Sundays:** 8:30am and 10:30am

**Daily Mass:** 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

**Holy Day:** Please consult the Bulletin.

## Sacraments:

**Confessions:** Saturdays 2:30 - 3:30pm or by appointment.

**Baptisms:** Sundays after the last Mass. Please call the Rectory to schedule a date.

**Holy Matrimony:** At least six months of notice should be given to arrange for weddings.

**Anointing of the Sick** Please call the office.

## On going devotions:

**Weekly Morning Rosary:** Tuesdays at 7:30 AM

**Adoration of the Blessed Sacrament:** Mondays 3 to 4 PM, Fridays 7:30 to 8 AM

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## Parish Staff

**Pastor:** Fr. Joseph Keough Email: [frjfk@aol.com](mailto:frjfk@aol.com)

**Administrative Assistant:** Jackie Dion email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

## Religious Education:

860-668-7766 Fax: 860-370-5164

**Director:** Miss Donna M. Swols email: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)

**Assistant :** Jackie Dion

## Directors of Music

Floyd Higgins & Gretchen Collins [floydandgretchen@comcast.net](mailto:floydandgretchen@comcast.net)

**\*Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

**Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the [archdioceseofhartford.com](http://archdioceseofhartford.com)

## February 9, 2025 Fifth Sunday in Ordinary Time

### Saturday, February 8

4:00 PM Peter Weksner  
Ninfa Laiuppa

### Sunday, February 9

8:00 AM For Our Parishioners  
9:30 AM For Vocations  
11:00 AM Josephine Vallera

### Monday, February 10

8:00 AM Joan Germain  
3 – 4 PM Holy Hour

### Tuesday, February 11

8:00 AM For Vocations

### Wednesday, February 12

8:00 AM For Our Parishioners

### Thursday, February 13

8:00 AM **NO MASS**

### Friday, February 14

8:00 AM Alexander Ehongo  
Raymond Stearns  
Maria Carmella Waterman  
Patricia & Michael Alexopoulos

### Saturday, February 15

4:00 PM Christopher Rossi(D)~Birthday Blessing  
Joseph Laiuppa  
Lucy Weksner

### Sunday, February 16

8:00 AM Trevor French  
9:30 AM Ann Demers  
11:00 AM For Our Parishioners

**\*Apologies for any misspelled names**

## Our Weekly Offertory

On **February 2**, **642** members and visitors worshipped with us at Sacred Heart Parish.

February 2, 2025, Parish Support:

<b>\$8,549.70</b>	<b>Offertory</b>
<b>\$824.13</b>	<b>Online Giving</b>
<b>\$9,373.83</b>	<b>Total</b>

*Thank you for your support!*

### FAIR TRADE

Fair Trade items will be available for purchase after all Masses this weekend February 8<sup>th</sup> and 9<sup>th</sup>. Please stop by the table and support the farmers, pick up some items for Valentine's Day ♥

### Archdiocese of Hartford Wedding Anniversary Mass

*February 15, 2025, at 3:00 pm.*

*Cathedral of St. Joseph  
140 Farmington Avenue  
Hartford, CT 06105*

*Celebrant:*

***The Most Reverend Christopher J. Coyne***

*We invite couples celebrating a milestone  
Year in increments of 5 to 60+ years.*



### ***Please keep the church clean!***

*Please make sure to put your Missalettes and Hymn Books back in their places and remove any items or trash you may have in your pew. Especially at this time of year when illness is prevalent, please put used tissues in the trash. Thank you!*

*Baptized in Christ*  
**Brian Daniel Leonard**  
**Brooke Merrilee Rigby**  
**Griffin William Stone**



### PARISH REGISTRATION/UPDATE

NAME/s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

☐ New Registration ☐ Request Envelopes

☐ Change Address, E-Mail, Phone Number

☐ Moving out of parish.

**STATUS:** Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

## RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and school vacations.

Donna Swols, DRE: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



**TODAY - YOUTH MASS!:** February 9, 2025 Youth Mass at 8am and 9:30am Mass. Religious Ed students will participate at both Masses. Hope you will join us!

**FAMILY BINGO NIGHT! - FEBRUARY 22, 2025:** Fun, food and BINGO! Get

ready for a great evening for all our parish families!!! See today's bulletin insert with all the information!



**PRE-LENTEN BAKE SALE - SUNDAY, FEBRUARY 23, 2025!:** Come on over to Fr. Ted Hall from 8:45am-12:00pm for a pre-Lenten Bake Sale sponsored by Ms. Bes' grade 5 class. Pick up some goodies to enjoy before the start of Lent! See today's bulletin insert!

**CLASS CANCELLATION INFORMATION:** Class cancellation is announced on WFSB-Channel 3 TV, WVIT-NBC Channel 30 only. If public school classes are released early or canceled due to severe weather, the Religious Education office is closed.

**Bible Study Tuesdays 6:30PM in Fr. Ted**



**The Beginning Experience® Ministry** is a peer led ministry that serves those grieving the end of a spousal relationship due to death, divorce, or separation. This winter and spring we are offering two programs, and we invite men and women of all ages and faiths to attend.

**Healing Weekend-** an in-person weekend retreat at Mount Alvernia Retreat Center in Wappingers Falls, NY from **March 28 to March 30, 2025**. For information or to register please call **Phyllis at 914 261 5812** or **Gloria at 646 281 4790**

**In the Beginning...Coping with Life Alone-** one day remote via Zoom program held on **Saturday, February 22, 2025**, from 9AM to 4PM. For information or to register, please call **Jim at 845 220 7883** or **Denise at 845 325 3147**.

## Suffield Community Aid Pantry Needs

Cereal, Shampoo/Conditioner, Canned Tuna and Canned Chicken, Canned Stew or Winter Soups, Pasta Sauce, Peanut Butter, Dish Detergent  
**Items will be collected February 16<sup>th</sup>.**  
**Thank you, Sacred Heart Human Needs Ministry♥**

Join other women of faith on the weekend of Friday, March 21-Sunday, March 23 at Our Lady of Calvary Retreat Center in Farmington, CT. A one-day option is on Saturday, March 22. Reflect with others on the theme: **"I Have Called You Friends."** For information, call Joanne Szlag, (860) 573-2581 or go to [www.ourladyofcalvary.net](http://www.ourladyofcalvary.net).

## Worldwide Marriage Encounter: Fifth Sunday in Ordinary Time

Corinthians 15:1-11: "I am reminding you of the gospel I preached to you, which you have received and in which you also stand. Through it you are also being saved, if you hold fast to the word I preached to you, unless you believed in vain. Christ died for our sins, was buried, and raised on the third day in accordance with the scriptures." And Paul says, "by the grace of God I am what I am, and his grace to me has not been ineffective." God's grace can and will help your marriage. Check out testimonials and sign up for a Worldwide Marriage Encounter (WWME.org). It can help you with your communication, teach you many skills, and help you to grow in intimacy and in faith with one another. Some dates to sign up are:

**March 21-23, 2025, in Burlington, VT**

**April 25-27, 2025 in East Sandwich, MA**

**May 30-June 1 in New Hampshire**

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://wwmectw.org/>.



**Knights of  
Columbus®**

**Suffield Council # 6281**

Ed McAnaney, Grand Knight

## Important Upcoming Dates & Knights News:

- The local council of Knights would like to recognize the approximately 20 volunteers who helped to make the 68 Santa home visits this year, such a memorable experience for more than 228 children and their families. **Thank you!**
- Next local Suffield Council # 6281 meeting is scheduled for **Sunday, March 2<sup>nd</sup> at 7:00 p.m.** at Father Ted Hall.
- The Knights of Columbus are planning a **Pancake Breakfast** for Sacred Heart Parishioners following the 8:00 a.m. & 9:30 a.m. masses on **Sunday, March 30<sup>th</sup>** in Father Ted Hall. **All are welcome** to attend this **free-of-charge event, which will have a gluten-free option available.**

### **From the Pastor's Desk**

*In the gospel this weekend we hear an account of the call of the earliest apostles. The fishermen put to work by Jesus as he uses their boat as a stage for his preaching to the people on shore. Then he instructs them to go out and cast their nets to receive a wonderful catch of fish.*

*How did this happen? At first, Christ came to them, and they hung around. They listened and followed his instructions even when it didn't seem to make sense. That's called living a life of faith. Encounter Christ and then follow no matter what. He accepts and most importantly answers our questions. He understands our hesitancy and calms our fears.*

*If we hope for an increase in vocations, we need to start by introducing the next generation to Jesus Christ, his message, and his Church. At baptism, parents and godparents promise God they will do just that. Pray for parents that they have the necessary deep love for God and their children. Pray that in love they will be willing to grow in faith with their children. Daily prayer, weekly Mass and constant love helps a family grow strong in the faith. Strong families help the Church grow vocations.*

*Think about it. Pray about it. Most importantly, do it!*

*Have a blessed week!*

*Fr. Joe Keough [frjfk@aol.com](mailto:frjfk@aol.com)*

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#### **Novena to Our Lady of Lourdes (February 3 – 11)**

Are you praying for physical or spiritual healing for yourself or someone else? You are invited to **come and pray** the nine-day Novena to Our Lady of Lourdes honoring the apparitions of the Virgin Mary to St. Bernadette in 1858 in Lourdes, France. Mary told St. Bernadette, "I am the Immaculate Conception." Our lady also told her where to dig to find a miraculous spring. The water from this spring has cured and healed many people ever since. Through this Novena and intercession, may our prayers be heard and granted. While the intention of this Novena is to be recited following the 8:00 AM weekday masses, you may also participate independently, with copies of the Novena made available in the vestibule of the church.



#### **HOLY HOUR FOR VOCATIONS:**

**FEB. 10 from 3-4 PM** Pray with us that others will respond to the Lord's call to be "fishers of men (and women)"!



#### **OPEN HOUSE**

**January 27 - April 30, 2025**

Come sit in on an online or in-person class!

**Study all 73 books of the Bible at the New England Catholic Biblical School!**

*"It was a lot of work, but it was one of the best things I've ever done in my life!"*

**Mary C - Alumni Class of 2024**

Register: Visit: [NewEnglandCatholicBiblicalSchool.com](http://NewEnglandCatholicBiblicalSchool.com)  
or call 860-242-5573 to speak with Judy Kostelni, Director.

#### **Save the Date**

**February 3<sup>rd</sup> – 11<sup>th</sup>** - Novena for Our Lady of Lourdes after Morning Mass.

**Saturday, February 15 and Sunday, February 16** – Holy Land Artisans selling hand crafted olive wood items in Fr. Ted Hall after all Masses.

**Wednesday February 19** – **Book Club** - *The Magnificent Lives of Marjorie Post* by Allison Pataki 10:30-11:30am Fr. Ted Hall.

**February 22<sup>nd</sup>** - Family BINGO Night-organized by Religious Education

**March 21-23** – Women's Retreat Weekend at Our Lady of Calvary in Farmington.

**March 30<sup>th</sup>** - Pancake Breakfast

**Prayer Shawl Ministry** – Will meet every first Monday of the month at 4 PM in the Children's Chapel-SHC.