



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✂ P.O. Box 626 ✂ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am.

Summer Hours: June through August: **Saturdays:** 4:00pm **Sundays:** 8:30am and 10:30am

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (**NO Thursday Mass**)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays after the last Mass. Please call the Rectory to schedule a date.

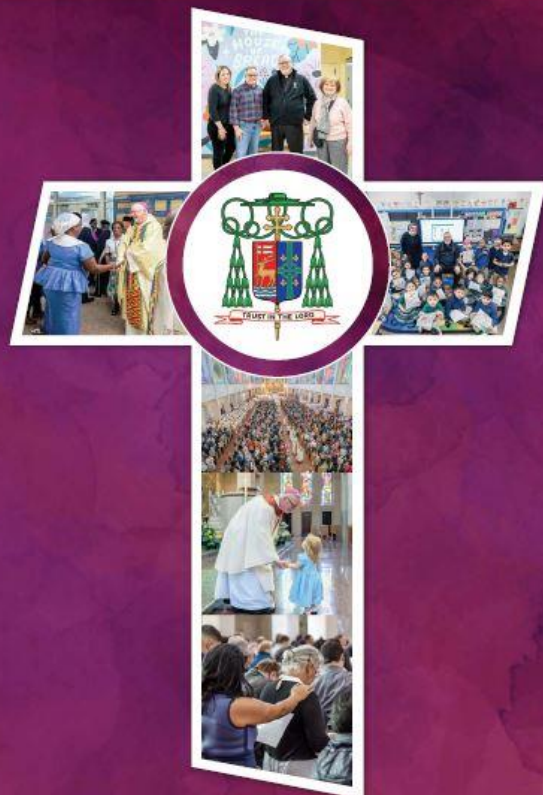
Holy Matrimony: At least six months of notice should be given to arrange for weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 3 to 4 PM, Fridays 7:30 to 8 AM




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TRUST
IN THE
LORD

March 2, 2025 Eighth Sunday in Ordinary Time

Saturday, March 1

4:00 PM Carolyn Stack
Helen Savitts

Sunday, March 2

8:00 AM Lise Roy
9:30 AM Regina Guilmartin
Fred Breitsprecker
11:00 AM For Our Parishioners

Monday, March 3

8:00 AM Kenny Barnes
3 – 4 PM Holy Hour

Tuesday, March 4

8:00 AM Anthony Parente
Irene Jackson

Wednesday, March 5~Ash Wednesday

8:00 AM For Our Parishioners
6:00 PM

Thursday, March 6

8:00 AM **NO MASS**

Friday, March 7

8:00 AM Seminarian Michael Cattelan
6:30 PM ~ Stations of the Cross

Saturday, March 8

4:00 PM Paul Savitts

Sunday, March 9

8:00 AM Leo & Regina Morency
Damaris Castillo(L)~Birthday Intentions
9:30 AM For Our Parishioners
11:00 AM Theresa Pelletier

***Apologies for any misspelled names**

Our Weekly Offertory

On **February 23**, **554** members and visitors
worshipped with us at Sacred Heart Parish.

February 23, 2025, Parish Support:

\$14,482.08	Offertory
\$738.25	Online Giving
\$15,220.33	Total

Thank you for your support!

FAIR TRADE

Fair Trade items will be available after all Masses
next weekend, March 8th and 9th. Please stop buy the
table and support the Farmers! Thank you! ☺

LOOKING FORWARD TO LENT:

Join us for daily Mass at 8:00 AM Mon. Tues. Wed. Fri.

Holy Hour Monday during Lent 6-7 PM

Holy ½ Hour Fridays from 7:30 – 8:00 AM

*Reconciliation Saturday from 2:30-3:30PM and
Monday 6-7PM*

Rosary Tuesday Morning at 7:35 AM

Stations of the Cross Fridays 6:30 PM

*Lenten “Take Home Items” Help yourself to the items
on the table in the vestibule: Little Black Books for
Lent, Operation Rice Bowl to support Catholic Relief
Services Worldwide.*

*The church is open for your private prayer time from
about 5:30 AM until 6:00 PM (7:00 on Mondays)*

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

☐ New Registration ☐ Request Envelopes

☐ Change Address, E-Mail, Phone Number

☐ Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or
drop it in the mailbox outside the rectory office.

ASH WEDNESDAY, MARCH 5, 2025

Mass & distribution of ashes: 8:00 AM and 6:00 PM
Ashes are available in the church from noon until 4:00
PM



Ash Wednesday

RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and school vacations.

Donna Swols, DRE: shc_dre@sbeglobal.net

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



THANK YOU - FAMILY BINGO NIGHT! - FEBRUARY 22, 2025: Fun, food, and BINGO!

What a great evening for all our parish families!!! Many thanks to all our adult and student volunteers who helped make this a wonderful event and a special thank you to all our sponsors and parishioners who gave so generously!! See you next year and God bless!!

THANK YOU!! - PRE-LENTEN BAKE SALE - FEBRUARY 23, 2025: A very successful pre-Lenten Bake Sale sponsored by Ms. Bes' grade 5 class! Through the generosity of our parishioners and families, the bake sale raised over \$500 for Suffield Community Aid! Special thanks to Ms. Bes for baking many of the homemade Polish treats and all the goodies contributed by the students and their families!



TURN YOUR CLOCKS AHEAD - THIS SATURDAY, MARCH 8, 2025! - Daylight Savings Time begins next Sunday, March 9, 2025, so remember to turn your clocks ahead! Classes will be held on Daylight Savings Time so **don't be late!**

DATES TO NOTE: Youth Stations of the Cross, Friday, March 21, 2025 at 6:30pm; Youth Mass, Sunday, March 23, 2025; Grade 8 Retreat and Youth Mass, Saturday, March 29, 2025; 1st Reconciliation Retreat, Saturday, April 6, 2025; 1st Reconciliation Service, Saturday, April 12, 2025; 1st Holy Communion Retreat, Saturday, April 26, 2025; 1st Holy Communion Mass, Saturday, May 3, 2025; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 4, 2025 at 8am.

Job Openings St. Joseph's Residence

Please see the **Bulletin Board** outside the Sacristy for a full list, or visit their website at enhumanresources@littlesistersofthepoor.org

The women's retreat for our parish begins on Friday, March 21-Sunday, March 23 at Our Lady of Calvary Retreat Center in Farmington, CT. Commuter Saturday option is Saturday, March 22. There may still be time to make a reservation. Give yourself quiet time to "hear God's voice." This year's theme is "I Have Called You Friends." There are pamphlets about the retreat in the lobby. For more information, please go to Our Lady of Calvary's website www.ourladyofcalvary.net, contact Our Lady of Calvary on Tuesdays or Thursdays at (860) 677-8519, or contact Joanne Szelag at (860) 573-2581, jfleming5142010@gmail.com.

Please keep the church clean!

Please make sure to put your Missalettes and Hymn Books back in their places and remove any items or trash you may have in your pew. Especially at this time of year when illness is prevalent, please put used tissues in the trash. Thank you!

Archbishop's Annual Appeal

The 2025 Archbishop's Annual Appeal is now underway in our Parish. Our goal is to engage our entire parish family in this year's Appeal and to pray for the success of the Appeal, both here in our parish and across the three counties of the Archdiocese.

All funds contributed to the Archbishop's Annual Appeal are used exclusively for the purpose outlined in the Appeal literature, which can be found at <https://archdioceseofhartford.org/appeal/>.

No Appeal funds are ever used for legal fees or settlements.

Please respond as generously as your means allow.

The Beginning Experience® Ministry is a peer led ministry that serves those grieving the end of a spousal relationship due to death, divorce, or separation. This winter and spring we are offering two programs, and we invite men and women of all ages and faiths to attend.

Healing Weekend- an in-person weekend retreat at Mount Alvernia Retreat Center in Wappingers Falls, NY from **March 28 to March 30, 2025**. For information or to register please call **Phyllis at 914 261 5812** or **Gloria at 646 281 4790**



Knights of Columbus®

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates & Knights News:

- Next local Suffield Council # 6281 meeting is scheduled for this **Sunday, March 2nd at 7:00 p.m.** at Father Ted Hall.
- The Knights of Columbus celebrates Founder's Day on **March 29th** to commemorate the first meeting held in 1882 by Fr. Michael J. McGivney, bringing Catholic men together in a powerful way. This international Order of Catholic men are called to lead with faith, protect our families, serve others, and defend values in a busy changing world. **If you would like to consider joining**, simply go to KofC.org/joinus and enter our local council #6281 for (Suffield) information.
- The Knights of Columbus are planning a **Pancake Breakfast** for Sacred Heart Parishioners following the 8:00 a.m. & 9:30 a.m. masses on **Sunday, March 30th** in Father Ted Hall. **All are welcome** to attend this **free-of-charge event**, which will have a **gluten-free option available**. Donations will be accepted at the door in support of Hurricane Helene survivors.

In advance of this event, there will be a **special second collection** during each of the masses for the **March 22nd & 23rd** weekend to benefit families severely impacted by Hurricane Helene. The Suffield Knights of Columbus Council # 6281 has agreed to **match all parishioner donations** received during the weekend or subsequent March 30th pancake breakfast up to a maximum of \$5,000 with all funds collected to be forwarded to a charity in Parrottsville, TN. This charity has been working with a Suffield based group of volunteers, **Suffield Samaritans**, serving as the local onsite coordination for the ongoing relief efforts to assist a group of Tennessee and North Carolina families to get back on their feet.

From the Pastor's Desk

I hope you are having a good “pre-Lent.” Eat up all the Paczki, cookies, and candy (and any other vices) before midnight on Tuesday! Enter Lent with a goal and you will have a better chance of reaching it!

Too often, people see Lent as a punishment to be endured. Quite the opposite! It's a chance to get back on track with God and draw closer to your family and friends by eliminating the things that interfere with your relationships (too much screen time, for example) and find a way to do more together (pray, attend Mass once during the weekdays, Stations of the Cross).

Lent should be an enriching time. Share some of your family or ethnic traditions. The recipes for meatless meals, pretzels and other edible traditions are beloved moments on the journey to Easter.

Have a blessed week!

Fr. Joe Keough



LENTEN REGULATIONS: Please use these guidelines for a more effective Lenten journey.
Fasting and abstaining from meat: Ash Wednesday and Good Friday
Abstaining from meat: the Fridays of Lent

Save the Date

March 5th – Soup Sale at Little Sisters of the Poor in Enfield.

March 7th – 6:30 PM Stations of the Cross.

March 19th Connecticut March for Life.

March 21-23 – Women's Retreat Weekend at Our Lady of Calvary in Farmington.

March 29th – St. Joseph Cemetery Clean Up.

March 30th - Pancake Breakfast.

April 16th – Book Club meets 10:30-11:30AM-Fr. Ted Hall, *Conclave* by Robert Harris.

Bible Study Tuesdays 6:30PM in Fr. Ted