



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✱ P.O. Box 626 ✱ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am.

Summer Hours: June through August: **Saturdays:** 4:00pm **Sundays:** 8:30am and 10:30am

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (**NO Thursday Mass**)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays after the last Mass. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange for weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 3 to 4 PM, Fridays 7:30 to 8 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@sbcglobal.net

Assistant : Jackie Dion

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

Please report any suspicious activity to the parish office and/or Suffield Police.

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

February 23, 2025 Seventh Sunday in Ordinary Time

Saturday, February 22

4:00 PM Michael Zawada

Sunday, February 23

8:00 AM For the victims of the
Washington D.C. plane crash.

9:30 AM Eleanor Manning

11:00 AM For Vocations

Monday, February 24

8:00 AM NO MASS

3 – 4 PM NO Holy Hour

Tuesday, February 25

8:00 AM NO MASS

Wednesday, February 26

8:00 AM NO MASS

Thursday, February 27

8:00 AM **NO MASS**

Friday, February 28

8:00 AM NO MASS

Saturday, March 1

4:00 PM Carolyn Stack

Helen Savitts

Sunday, March 2

8:00 AM Lise Roy

9:30 AM Regina Guilmartin

Fred Breitsprecker

11:00 AM For Our Parishioners

***Apologies for any misspelled names**



Please keep the church clean!

Please make sure to put your Missalettes and Hymn Books back in their places and remove any items or trash you may have in your pew. Especially at this time of year when illness is prevalent, please put used tissues in the trash. Thank you!

Our Weekly Offertory

On **February 16, 279** members and visitors worshipped with us at Sacred Heart Parish.

February 16, 2025, Parish Support:

\$2,567.50	Offertory
\$648.55	Online Giving
\$3,216.05	Total

Thank you for your support!

Baptized in Christ
Giovanni Vincent Miner
Cameron Michael Wilhelm



OPEN HOUSE

January 27 - April 30, 2025

Come sit in on an online or in-person class!

Study all 73 books of the Bible at the New England Catholic Biblical School!

"It was a lot of work, but it was one of the best things I've ever done in my life!"

Mary C - Alumni Class of 2024

Register: Visit: NewEnglandCatholicBiblicalSchool.com
or call 860-242-5573 to speak with Judy Kostelni, Director.

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

☐ New Registration ☐ Request Envelopes

☐ Change Address, E-Mail, Phone Number

☐ Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and school vacations.

Donna Swols, DRE: shc_dre@sbcglobal.net

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



RELIGIOUS EDUCATION CLASSES RESUME TODAY! Classes for grades K-8 resume TODAY, Sunday, February 23, 2025!



TODAY!! - PRE-LENTEN BAKE SALE: Come on over to Fr. Ted Hall from 8:45am-12:00pm for a pre-Lenten Bake Sale sponsored by Ms. Bes' grade 5 class. Pick up some goodies to enjoy before the start of Lent! Proceeds benefit Suffield Community Aid!

DATES TO NOTE: Youth Stations of the Cross, Friday, March 21, 2025 at 6:30pm; Youth Mass, Sunday, March 23, 2025; Grade 8 Retreat and Youth Mass, Saturday, March 29, 2025; 1st Reconciliation Retreat, Saturday, April 6, 2025; 1st Reconciliation Service, Saturday, April 12, 2025; 1st Holy Communion Retreat, Saturday, April 26, 2025; 1st Holy Communion Mass, Saturday, May 3, 2025; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 4, 2025 at 8am.

IMPORTANT - STUDENT MAKE-UP WORK: Please be sure students have completed any make-up work and submitted it to the Religious Education office for credit. Notifications of overdue make-up work have been sent. Questions? - Contact our office.

The Beginning Experience® Ministry is a peer led ministry that serves those grieving the end of a spousal relationship due to death, divorce, or separation. This winter and spring we are offering two programs, and we invite men and women of all ages and faiths to attend.

Healing Weekend- an in-person weekend retreat at Mount Alvernia Retreat Center in Wappingers Falls, NY from **March 28 to March 30, 2025**. For information or to register please call **Phyllis at 914 261 5812** or **Gloria at 646 281 4790**

In the Beginning... Coping with Life Alone- one day remote via Zoom program held on **Saturday, February 22, 2025**, from 9AM to 4PM. For information or to register, please call **Jim at 845 220 7883** or **Denise at 845 325 3147**.

Worldwide Marriage Encounter: Seventh Sunday in Ordinary Time

Luke 6:27,36-38: "Jesus said, to you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. Be merciful, just as your father is merciful. Stop Judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give, and gifts will be given to you, a good measure and overflowing. For the measure which you measure will in return be measured out to you." Learn to listen and communicate better with your spouse. Check out a Worldwide Marriage Encounter (WWME.org). It can help you with your communication, teach you many skills, and help you to grow in intimacy and in faith with one another. Some of the dates to sign up are:

March 21-23, 2025, in Burlington, VT

April 25-27, 2025, in East Sandwich, MA

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://www.mectw.org/>.

Bible Study Tuesdays 6:30PM in Fr. Ted

Job Openings St. Joseph's Residence

Please see the **Bulletin Board** outside the Sacristy for a full list, or visit their website at enhumanresources@littlesistersofthepoor.org



**Knights of
Columbus®**

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates & Knights News:

- Next local Suffield Council # 6281 meeting is scheduled for **Sunday, March 2nd at 7:00 p.m.** at Father Ted Hall.
- The Knights of Columbus celebrates Founder's Day on **March 29th** to commemorate the first meeting held in 1882 by Fr. Michael J. McGivney, bringing Catholic men together in a powerful way. This international Order of Catholic men are called to lead with faith, protect our families, serve others, and defend values in a busy changing world. **If you would like to consider joining**, simply go to KofC.org/joinus and enter our local council #6281 for (Suffield) information.
- The Knights of Columbus are planning a **Pancake Breakfast** for Sacred Heart Parishioners following the 8:00 a.m. & 9:30 a.m. masses on **Sunday, March 30th** in Father Ted Hall. **All are welcome** to attend this **free-of-charge event**, which will have a **gluten-free option available**. Donations will be accepted at the door in support of Hurricane Helene survivors.

In advance of this event, there will be a **special second collection** during each of the masses for the **March 22nd & 23rd** weekend to benefit families severely impacted by Hurricane Helene. The Suffield Knights of Columbus Council # 6281 has agreed to **match all parishioner donations** received during the weekend or subsequent March 30th pancake breakfast up to a maximum of \$5,000 with all funds collected to be forwarded to a charity in Parr Ottsville, TN. This charity has been working with a Suffield based group of volunteers, **Suffield Samaritans**, serving as the local onsite coordination for the ongoing relief efforts to assist a group of Tennessee and North Carolina families to get back on their feet.

From the Pastor's Desk

Asking for your prayers this week as I am taking my annual retreat. Finally getting back into my “retreat routine” of making my required retreat between Christmas and Lent. This routine was interrupted by the Covid Pandemic and finally is happening again. I plan to spend the week ahead at the Passionist Retreat Center in Florida. This is my first time entering a retreat at this location. Many years ago, I heard the “older priests” talking about their experiences here. Seems like its popular among younger priests now as many of the men I know who have gone there recently are around my age.

While I am away, there will be no daily Masses. I will be back Friday night for the regular weekend schedule and Mardi Gras.

Hopefully, a fruitful, prayerful (warmer) time away.

Have a blessed week!

Fr. Joe Keough



Do you or someone you know need prayers for healing? Would you or they liked to be wrapped in a prayer shawl as a reminder of the healing warmth of God's love? Sign up for a prayer shawl and receive a beautiful handmade shawl or lap blanket as well as prayers for healing and peace. Information is available on our website and on the table in front of the video screen in the vestibule. Items are provided free of charge to all our members and guests.

Women's Retreat Information

The women's retreat weekend for our parish at Our Lady of Calvary Retreat Center in Farmington, CT is Friday, March 21-Sunday March 23. The one-day Commuter Saturday option is Saturday, March 22. The retreat theme is “I Have Called You Friends.” Come away and be refreshed and renewed in God's unconditional love and friendship. For information, contact Joanne Szlag, (860) 573-2581, ifleming5142010@gmail.com, or go to www.ourladvofcalvary.net.

Save the Date

March 2nd – *Mardi Gras* 12-2:00PM Father Ted Hall.

March 5th - Soup Sale at Little Sisters of the Poor.

March 19th - Connecticut March for Life.

March 21-23 – Women's Retreat Weekend at Our Lady of Calvary in Farmington.

March 30th - Pancake Breakfast.

April 16th - Book Club meets 10:30-11:30 in Fr. Ted Hall, *Conclave Robert*.