



# Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✱ P.O. Box 626 ✱ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

Follow us on Facebook at Sacred Heart, Suffield 

Website: [SacredHeartCT.com](http://SacredHeartCT.com)

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

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## Mass Times:

**Weekends: Saturdays:** 4:00pm **Sundays:** 8:00am, 9:30am and 11:00am.

**Summer Hours:** June through August: **Saturdays:** 4:00pm **Sundays:** 8:30am and 10:30am

**Daily Mass:** 8:00AM Monday, Tuesday, Wednesday & Friday (**NO Thursday Mass**)

**Holy Day:** Please consult the Bulletin.

## Sacraments:

**Confessions:** Saturdays 2:30 - 3:30pm or by appointment.

**Baptisms:** Sundays after the last Mass. Please call the Rectory to schedule a date.

**Holy Matrimony:** At least six months of notice should be given to arrange for weddings.

**Anointing of the Sick** Please call the office.

## On going devotions:

**Weekly Morning Rosary:** Tuesdays at 7:30 AM

**Adoration of the Blessed Sacrament:** Mondays 6 to 7 PM, Fridays 7:30 to 8 AM

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## Parish Staff

**Pastor:** Fr. Joseph Keough Email: [frjfk@aol.com](mailto:frjfk@aol.com)

**Administrative Assistant:** Jackie Dion email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

## Religious Education:

860-668-7766 Fax: 860-370-5164

**Director:** Miss Donna M. Swols email: [shc\\_dre@sbcglobal.net](mailto:shc_dre@sbcglobal.net)

**Assistant :** Jackie Dion

## Directors of Music

Floyd Higgins & Gretchen Collins [floydandgretchen@comcast.net](mailto:floydandgretchen@comcast.net)

**\*Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

**Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the [archdioceseofhartford.com](http://archdioceseofhartford.com)

## March 23, 2025 Third Sunday of Lent

### Saturday, March 22

4:00 PM Frank Reynolds  
Dianne Legg

### Sunday, March 23

8:00 AM For Vocations  
9:30 AM For Our Parishioners  
11:00 AM Eleanor Fitzgerald and the extended  
Fitzgerald Family.

### Monday, March 24

8:00 AM Carmelo & Carmelina Testa  
6 – 7 PM Holy Hour

### Tuesday, March 25

8:00 AM Fr. Peter Tottleben, O.P.

### Wednesday, March 26

8:00 AM Pascale Musso(L)~Birthday Intentions

### Thursday, March 27

8:00 AM **NO MASS**

### Friday, March 28

8:00 AM Maria Nardi  
Kim Waterman(L)~Birthday Intentions  
Special Intention  
6:30 PM Stations of the Cross

### Saturday, March 29

4:00 PM Thomas Monahan

### Sunday, March 30

8:00 AM Paolina Ricci  
Alexander Benjamin Ehongo(L)~Birthday Ints.  
Henry Kleczewski  
9:30 AM For Vocations  
11:00 AM Thomas Ziccardi

## Our Weekly Offertory

On **March 16, 569** members and visitors  
worshipped with us at Sacred Heart Parish.

March 16, 2025, Parish Support:

<b>\$5,634.00</b>	<b>Offertory</b>
<b>\$409.78</b>	<b>Online Giving</b>
<b>\$6,043.78</b>	<b>Total</b>

*Thank you for your support!*

**Parish Lenten Mission April 9-11** with our neighbors at Mary Gate of Heaven Parish in Windsor Locks. All sessions will be held in St. Robert's Church beginning at 7:00 PM. The renown Catholic speaker, biblical translator, and daytime television actor, Frank Runyeon, will lead us on a journey through the parables in the Gospel of Luke as well as stories in the Gospel of John. He will discuss the beatitudes in contemporary society. This is FREE and open to all our parishioners.

### ***Please keep the church clean!***

*Please make sure to put your Missalettes and Hymn Books back in their places and remove any items or trash you may have in your pew. Especially at this time of year when illness is prevalent, please put used tissues in the trash. Thank you!*

### **St. Joseph's Cemetery clean-up**

Annual St. Joseph's Cemetery clean-up is just around the corner. Please be sure to remove any items from the gravesites that you may want to keep. **On Saturday, March 29 all items will be cleared away.** American flags will be replaced in time for Memorial Day. Please spread the word to family members and friends who have loved ones there. Snow date will be April 5<sup>th</sup>.

### **LENT Mass and Confessions:**

*Join us for daily Mass at 8:00 AM Mon. Tues. Wed. Fri.*

*Holy Hour Monday during Lent 6-7 PM*

*Holy ½ Hour Fridays from 7:30 – 8:00 AM*

*Reconciliation Saturday from 2:30-3:30PM and Monday 6-7PM*

*Rosary Tuesday Morning at 7:35 AM*

*Stations of the Cross Fridays 6:30 PM*

*Lenten "Take Home Items" Help yourself to the items on the table in the vestibule: Little Black Books for Lent, Operation Rice Bowl to support Catholic Relief Services Worldwide.*

*The church is open for your private prayer time from about 5:30 AM until 6:00 PM (7:00 on Mondays)*

### **PARISH REGISTRATION/UPDATE**

NAME/s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

☐ New Registration ☐ Request Envelopes

☐ Change Address, E-Mail, Phone Number

☐ Moving out of parish.

**STATUS:** Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

## RELIGIOUS EDUCATION NEWS

Office hours: Tuesday 10am-12noon and by appointment only

Closed holidays and school vacations.

Donna Swols, DRE: [she\\_dre@sbcglobal.net](mailto:she_dre@sbcglobal.net)

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



**TODAY - YOUTH MASS!**: Youth Mass at 8am and 9:30am Mass. Religious Ed students will participate in both Masses as lectors, greeters, collectors, and servers.

**REMINDER**: Grade 8 Retreat and Youth Mass this Saturday, March 29, 2025! Check your email for details. Thank you!

**DATES TO NOTE**: 1<sup>st</sup> Reconciliation Retreat, Saturday, April 5, 2025; 1<sup>st</sup> Reconciliation Service, Saturday, April 12, 2025; 1<sup>st</sup> Holy Communion Retreat, Saturday, April 26, 2025; 1<sup>st</sup> Holy Communion Mass, Saturday, May 3, 2025; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 4, 2025 at 8am.

**COMMUNITY SERVICE HOURS 2024-2025**: Grades 7-10, don't forget about your community service hours! Completed service forms should be submitted to the Religious Education office no later than April 1, 2025. Forms may be downloaded from our website or find copies in our pamphlet rack outside of the Religious Ed office. Thank you!

### **Worldwide Marriage Encounter: Third Sunday of Lent**

Some of the dates to sign up are:

**April 25-27, 2025, in East Sandwich, MA**

**June 27-29, 2025, in Huntington, NY**

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or <https://www.mectw.org/>.

**Bible Study Tuesdays 6:30PM in Fr. Ted Hall.**

## **Archbishop's Annual Appeal**

To view some of the wonderful things accomplished through your generosity, the Archbishop's Annual Appeal is continuing the web-series called, **The Appeal at Work**. The season premiere will be airing on Thursday, April 3rd on all Archdiocesan Social Media sites as well as the Archbishop's Annual Appeal webpage. New episodes will also air the first week of May & June. The episodes will highlight some of the wonderful ministries supported by the 2025 Archbishop's Annual Appeal, **Trust in the Lord**. By going to the Archbishop's Annual Appeal Website, <https://archdioceseofhartford.org/appeal/>, you will find a link for each episode. Please tune in Thursday, April 3rd for the season premiere.

## **Catholic Relief Services**

Next weekend, 3/29 & 3/30, our Parish will take up The Catholic Relief Services Collection. Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and **reveal Christ's love** to people most in need. Learn more about the collection at

[www.usccb.org/catholic-relief](http://www.usccb.org/catholic-relief).

**OPERATION RICE BOWL** the Lenten practice of alms giving for Catholic Relief Services. Containers are available in the vestibule. Please consider supporting this vital service for so many of our brothers and sisters around the world who depend on CRS for food, shelter, health care and educational opportunities at a time when it is so desperately needed. Your pocket change can literally change the world for a person in need.



**Knights of  
Columbus®**

**Suffield Council # 6281**

Ed McAnaney, Grand Knight

### **Important Upcoming Dates & Knights News:**

- Spring clean-up at Saint Joseph Cemetery, Hill Street has been scheduled for **Saturday, March 29<sup>th</sup> at 9:00 a.m.** (rain date April 5, 2025). Please have all personal items cleared from the cemetery grounds prior to this date. Suffield Council # 6281 members wishing to help on this day are welcome.
- **Volunteers needed for the Cemetery Clean Up at St. Joseph's Cemetery on Hill Street, Suffield, CT, on March 29<sup>th</sup> at 9AM. Please bring work gloves, a rake, and if possible, a wheelbarrow. Pickup trucks are also welcomed. The more the merrier, and the more volunteers the quicker the work is complete. Thank you!!!**
- Suffield Council # 6281 will again be sponsoring holiday **Fruit Baskets** for our fellow parishioners who are homebound. If **interested in helping** to prepare the baskets on **April 11<sup>th</sup> at 5:00 p.m.** or subsequently assist in the home delivery of the baskets, please **contact Craig Tini at 860.888.6697.**
- Suffield Council # 6281 will host an **Easter Egg Hunt** for our youngsters on the Sacred Heart Parish church grounds. Please plan to join in the fun scheduled for **Saturday, April 19<sup>th</sup> at 11:00 a.m.** Anyone interested in helping for this event should **contact Anthony Mandrola at [anthonymadrola@gmail.com](mailto:anthonymadrola@gmail.com).**

### **From the Pastor's Desk**

*Our responsorial psalm this weekend is taken from psalm 103. One of my favorite psalms! "The Lord is kind and merciful... as far as the heavens are high above the earth, so surpassing his kindness toward those who fear him: as far as the east is from the west, so far he removes our transgressions from us." For the liturgy, we pray only part of the psalm, but I encourage you to open your bibles and (blow off the dust) read prayerfully the entirety of psalm 103. It is a beautiful reassurance of the greatness of God and God's mercy toward us.*

*Sometimes we can get bogged down by the weight of our sins and guilt. While Lent is a time to think about our need for repentance and corrective action in our lives, it would be meaningless if we did not recognize God's merciful love and avail ourselves to it. From our First Confession, usually around second grade through the rest of our lives, we have the opportunity to experience firsthand the freedom from our past and hope for our future through the Sacrament of Reconciliation.*

*Please make time to celebrate the sacrament of reconciliation during Lent either here at Sacred Heart from 6-7 PM on Mondays or 2:30-3:30 on Saturdays or by appointment.*

*Have a blessed week!*

*Fr. Joe Keough*

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*A note of thanks to Sam Evans and his team at Sparks Window Cleaning for the complimentary exterior window cleaning on the church!*



**LENTEN REGULATIONS:** Please use these guidelines for a more effective Lenten journey.  
Fasting and abstaining from meat: Ash Wednesday and Good Friday  
Abstaining from meat: the Fridays of Lent

### **Pancake Breakfast ~ Next Weekend**

The Knights of Columbus are planning a **Pancake Breakfast** for Sacred Heart Parishioners following the 8:00am & 9:30am Masses on **Sunday, March 30<sup>th</sup>** in Fr. Ted Hall. **All are welcome** to attend this **Free-of-Charge Event**, which will have a **gluten-free option available**. Donations will be accepted at the door in support of Hurricane Helene Survivors. Suffield Council #6281 members interested in helping with this event should contact Brian Kruczek at 203-886-8884 or [BK60611@gmail.com](mailto:BK60611@gmail.com).

**Chrism Mass for the Archdiocese of Hartford**, Tuesday April 15 at 11:00 AM in the Cathedral of St. Joseph. Every year, the archbishop blesses the Oil of the Catechumen, used for baptisms, the Oil of the Infirm, used for Anointing of the Sick and consecrates the Sacred Chrism which is used for baptisms, Confirmation, Holy Orders and the consecration of altars. The Mass also includes a renewal of priestly vows and recognition of the jubilarians in our presbyterate. It is a beautiful liturgy, and you are invited to attend.

### **Save the Date**

**March 28-30** – Women's Retreat Weekend at Our Lady of Calvary in Farmington.

**March 29<sup>th</sup>** – St. Joseph Cemetery Clean Up.

**March 30<sup>th</sup>** – Free **Pancake Breakfast** sponsored by the Knights of Columbus.

**April 9-11** – Combined Parish Lenten Mission at St. Robert Church, Windsor Locks.

**April 16<sup>th</sup>** – Book Club Meets 10:30-11:30AM-Fr. Ted Hall, **Conclave** by Robert Harris.