



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✘ P.O. Box 626 ✘ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:30am and 10:30am.

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays after the last Mass. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 6 to 7 PM (Fall-Spring 3-4PM), Fridays 7:30 to 8 AM

Rosary: First Sunday of the Month 8:00 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@aol.com (Temporary)

Assistant : Jackie Dion

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds. Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

February 22, 2026 the First Sunday of Lent

The Tabernacle Candle this week burns in Memory of *Our deceased Parishioners.*



Saturday, February 21

4:00 PM Christopher Rossi~Heavenly Birthday

Sunday, February 22

8:30 AM Gallagher Family

10:30 AM Jennifer Portella

Monday, February 23

8:00 AM For Our Parishioners

3 – 4 PM Holy Hour

Tuesday, February 24

8:00 AM For Vocations

Wednesday, February 25

8:00 AM Gerald Lukowski Sr.

Thursday, February 26

8:00 AM **NO MASS**

Friday, February 27

8:00 AM Frances Durbuck

6:30 PM Stations of the Cross

Saturday, February 28

4:00 PM For Our Parishioners

Sunday, February 29

8:30 AM Christine Sych

10:30 AM Regina Guilmartin

***Apologies for any misspelled names**



Please keep Our Church clean!

Please put Missallettes & Hymn Books back in their places and remove any items you may have in your pew. Thank you!

Our Weekly Offertory

On **February 15, 550** members and visitors worshipped with us at Sacred Heart Parish.

February 15, 2026, Parish Support:

\$5,189.00	Offertory
\$782.25	Online Giving
\$5,971.25	Total

Thank you for your support!

Lenten guidelines: Abstain from meat on all Fridays of Lent. Fasting and no meat on Good Friday.

During Lent, Confessions will be heard Monday afternoon from 3:15-4:00 and Monday evenings from 6-7 and Saturdays from 2:30-3:30 or call for an appointment.

SAVE THE DATE

February 27th – Stations of the Cross.

February 28th – Family BINGO Night!

March 12th & 13th – Frank Runteon at St. Robert in Windsor Locks.

March 15th – Knights of Columbus Pancake Breakfast

March 23rd 7PM – Grief and Faith

October 7th-12th – Pilgrimage to Mexico, Our Lady of Guadalupe.

February 7th - Mardi-Gras '27

Tuesdays at 6:30 – *Bible Study* ~ Fr. Ted Hall.

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

New Registration Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

RELIGIOUS EDUCATION NEWS

Office hours: Monday 4pm-6pm and by appointment only

Closed holidays and school vacations

Donna Swols, DRE: shc_dre@aol.com (temporary)

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



RELIGIOUS EDUCATION CLASSES RESUME TODAY! Classes for grades K-7 and grade 9 resume TODAY, Sunday, February 22, 2026! Grade 8 resumes on Sunday, March 15, 2026, with their year-end retreat. Have a safe holiday.

BINGO NIGHT! - FEBRUARY 28, 2026: Fun, food and BINGO! Get ready for a great evening for all our parish families!!! Don't forget to send for your tickets! Flyers are available in the lobby with all the information. Last day to purchase tickets is Tuesday, February 24, 2026. Tickets will not be sold at the door.



DATES TO NOTE: Youth Stations of the Cross, Friday, March 6, 2026 at 6:30pm; Family Lenten Retreat, Saturday, March 14, 2026; Youth Mass, Sunday, March 15, 2026; Grade 8 Retreat, Sunday, March 15, 2026; 1st Reconciliation Retreat, Saturday, March 21, 2026; 1st Reconciliation Service, Saturday, March 28, 2026; 1st Holy Communion Retreat, Saturday, April 25, 2026; 1ST Holy Communion Mass, Saturday, May 2, 2026; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 3, 2026 at 8:30am.

Archbishop's Annual Appeal

The Archbishop's Annual Appeal helps provide the critical funding needed to feed the hungry, shelter the unhoused, counsel those in despair, offer much needed assistance to the unemployed, and make medical care available to those without health insurance. Your gift to the 2026 Appeal will help to continue these and other vital ministries, services, and programs that reach out to so many in need.

All funds contributed to the Archbishop's Annual Appeal are used exclusively for the purposes outlined in the Appeal literature, which can be found at <https://archdioceseofhartford.org/appeal/>. **No appeal funds are ever used for legal fees or settlements.**

Worldwide Marriage Encounter: First Sunday of Lent
The next Worldwide Marriage Encounter Experiences are:

February 27-March 1, Huntington Seminary, Huntington, NY

March 13-15, 2026, Windjammer Best Western, South Burlington, VT

April 17-19, 2026, Silver Bay YMCA, Silver Bay, NY

April 24-26, 2026, Corpus Christi Parish, East Sandwich, MA

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, on weekends and seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or wwme.org.



**Knights of
Columbus®**

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates & Knights News:

- The Knights of Columbus would like to recognize its members and other volunteers who helped to make this year's Santa home visits such a memorable experience for greater than 200 children and their families. This activity raised more than \$3,000 in donations for the Suffield Knights of Columbus Scholarship Fund. **Thank you!**
- The Knights of Columbus are planning a **Pancake Breakfast** for Sacred Heart Parishioners following the 8:30 a.m. & 10:30 a.m. masses on **Sunday, March 15th** in Father Ted Hall. Suffield Council # 6281 members interested in helping on this day should contact Brian Kruczek at 203.886.8884 or BK60611@Gmail.com. All are welcome to attend this **free-of-charge event** and there **will be a gluten-free option available**.
- Congratulations to the six local winners who will now move onto the state level (boys and girls ages 9 to 14) competition of the **Connecticut Knights of Columbus Free Throw Championship**, scheduled for March 28th at St. Paul High School, Bristol, CT.

From the Pastor's Desk

This weekend we join with parishes around the world in officially welcoming our candidates for initiation in our faith. Adults and adolescents who have been preparing to receive the sacraments of Baptism, Confirmation and Eucharist will be called upon to bear witness of their desire to continue in the process of faith formation. They will be blessed and prayed for and then sent to the cathedral to be accepted by their bishop.

We are blessed to have a number of people who have chosen to enter the faith through our Sacred Heart Parish Family. I ask you to pray for them as they prepare for full Communion in the faith in the Easter Season. The "catechumen" are preparing for all three sacraments and the "candidates" have already been baptized as Catholics and soon will confirm their faith sacramentally and receive the Holy Eucharist as well.

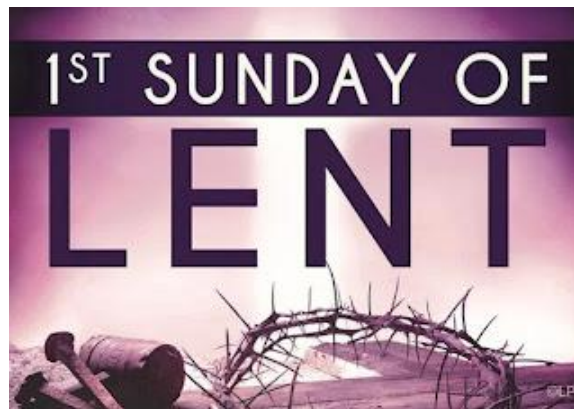
Sunday afternoon they will join hundreds of others from parishes around the Archdiocese of Hartford to celebrate the Rite of Acceptance and Election to Continuing Formation. In the weeks ahead, we will celebrate the "scrutinies" with them as they make final preparation for the Easter Vigil.

As pastor, I am always happy to receive new members into the faith as well as into the parish family. This is the largest group since my arrival here and one of the largest I have seen in the years since COVID. Your role as a parish member welcoming a new member cannot be underestimated. Each person came here searching for God, faith, and a supportive community. In the welcome they received, they decided to proceed on a journey of faith with us.

Please keep them in your prayers and know that they will be praying for you!

God bless!

Fr. Joe Keough



BIG THANKS to everyone who helped make this year's Mardi-Gras a success! It was an "all age event" and a good time was had by all. Thanks to everyone on the committee for all their hard work! The legendary Paul Kulas on saxophone and great food provided by Cook Strong Catering/Fire on the Mountain. Thanks for making the time to spend time with our parish family. The Lenten Prayer Pledges have been placed in the heart on the altar as we "return to the Lord with all our heart" in this Lenten journey together!

MASS INTENTIONS: Archbishop Coyne has decided that beginning January 1, 2026, all parishes in the Metropolitan of the Archdiocese of Hartford (consists of Hartford, Bridgeport, Norwich, and Providence diocese) will have the same system of Mass intentions. The stipend (offering) will be the same for Sunday/Holiday and weekdays, which will be \$15.00 per Mass. There will be **only one intention per Mass** and one Mass per week to be a "Pro-Populo" Mass or "For the People".

To honor the memory of loved ones who have passed, you can dedicate the ***Tabernacle Candle (Sanctuary Lamp)***. For a \$50.00 donation, the tabernacle candle for that week will be noted in the bulletin "In loving Memory of *****". There will be only one name or family each week. Call the Parish Office to schedule a week for your memorial.