



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:30am and 10:30am.

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays after the last Mass. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 6 to 7 PM (Fall-Spring 3-4PM), Fridays 7:30 to 8 AM

Rosary: First Sunday of the Month 8:00 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@aol.com (Temporary)

Assistant : Jackie Dion

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds. Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

March 22, 2026 the Fifth Sunday of Lent

The Tabernacle Candle this week burns in Memory of *Our deceased Parishioners.*



Saturday, March 21

4:00 PM For Our Parishioners

Sunday, March 22

8:30 AM Roy Family

10:30 AM Eleanor Fitzgerald

Monday, March 23

8:00 AM Florence Santos

3 – 4 PM Holy Hour

Tuesday, March 24

8:00 AM Deacon Bill Elder

Wednesday, March 25

8:00 AM Pascale Musso(L)~*Birthday Wishes*

Thursday, March 26

8:00 AM **NO MASS**

Friday, March 27

8:00 AM Kim Waterman(L)~*Birthday Wishes*

6:30 PM Stations of the Cross

Saturday, March 28

4:00 PM Frank Reynolds(D)~*Birthday Blessings*

Sunday, March 29

8:30 AM Trevor French

10:30 AM For Our Parishioners

***Apologies for any misspelled names**

Please keep our "elect" (the people preparing for the Easter Sacraments) in your prayers. This week they will officially receive the Creed and then celebrate the Second Scrutiny.

Our Annual Easter Egg Hunt is coming! Could you spare a bag or two of small candies to fill the eggs? Kindly drop them off in the marked box in the vestibule between now and Good Friday. Remember it's Easter so no M&M's! Thanks!

Our Weekly Offertory

On **March 15, 598** members and visitors worshipped with us at Sacred Heart Parish.

March 15, 2026, Parish Support:

\$6,904.00	Offertory
\$875.09	Online Giving
\$7,779.09	Total

Thank you for your support!

SAVE THE DATE

March 23rd 7PM – Grief and Faith

March 27th 6:30PM – Stations of the Cross

March 28&29 - Knights of Columbus Tootsie Roll Drive after all Masses.

April 10th 2:00PM – Children's Holy Half Hour

April 10th – Virtual/In Person Meeting regarding the Pilgrimage.

April 11th – 9AM St Joseph Cemetery Clean Up

April 12th – Divine Mercy Sunday Devotions 3:00 PM

April 15th – Book Club 10:30-11:30AM-Fr. Ted Hall

Sipsworth, by Simon Van Booy

May 8th – BINGO Night

October 7th –12th – Pilgrimage to Mexico, Our Lady of Guadalupe.

Tuesdays at 6:30 – Bible Study ~ Fr. Ted Hall.

ANNUAL ST JOSEPH CEMETERY CLEAN UP: Saturday, April 11th. Please remove all Christmas items and any other decoration from the plots that you want. Everything winter related will be discarded. American Flags will also be removed and will be replaced by Memorial Day. Appropriate Easter Items will remain.

Better Lent, better heart, better life! Lenten guidelines: Abstain from meat on all Fridays of Lent. Fasting and no meat on Good Friday. Confessions will be heard Monday afternoon from 3:15-4:00 and Monday evenings from 6-7 and Saturdays from 2:30-3:30 or call for an appointment.

PARISH REGISTRATION/UPDATE

NAME/s: _____

ADDRESS: _____

PHONE #: _____

EMAIL: _____

New Registration Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

RELIGIOUS EDUCATION NEWS

Office hours: Monday 4pm-6pm and by appointment only

Closed holidays and school vacations

Donna Swols, DRE: shc_dre@aol.com (temporary)

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.

REMINDER: Confessions, grades 3-5, **THIS** Tuesday, March 24, 2026, from 4-5:30pm.

REMINDER: 1st Reconciliation Service, Saturday, March 28, 2026! Check your email for details.

Thank you!

UPCOMING EVENTS: 1st Holy Communion Retreat, Saturday, April 25, 2026; 1st Holy Communion Mass, Saturday, May 2, 2026; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 3, 2026, at 8:30am.

COMMUNITY SERVICE HOURS 2025-2026: Grades 7-9, don't forget about your community service hours! Completed service forms should be submitted to the Religious Education office within **30 days of the service date**. Forms may be downloaded from our website or find copies in our pamphlet rack outside of the Religious Ed office. *All service hours are to be submitted no later than April 1, 2026.* Thank you!

LOST AND FOUND: Don't forget to check our "Lost and Found" basket at Religious Education. Any unclaimed items will be donated to charity at the end of the year. Thank you.

We would like to Express Our Sincere Thank You to All the Knights and their Wives and Families who spent there Sunday, Cooking, Serving, and Cleaning at the Pancake Breakfast this past Weekend, without the help this Breakfast would not have happened. We would also like to Thank all who came and Enjoyed the Breakfast, and Thank You for the Donations, the Money will be put back into the Community between Scholarships and Service Projects. And a Special Thank You to Father Joe for the Continued Support of the Breakfast!

See you in the Fall for the next Breakfast and a New Topping!

Sincerely Brian, Ellen, and Kaitlyn Kruczek



Join us **Monday at 7:00PM** for an opportunity to learn about dealing with grief. Are you grieving a loss or going through a challenging separation or broken relationship? Are you feeling challenged in your faith or overwhelmed by questions that seem to have no answers? The cross of grief is real for many of us, whether a recent loss or a hurt from many years ago. On Monday, March 23, we will begin a process into coping with grief through the eyes of faith. Join with my good friend and former parishioner, Rich Beebe for a conversation about sorrow, grief, pain, faith, healing, and life. We will gather in the church at 7PM and begin a new direction in our grief process. This one-time presentation will be followed by some new grief ministries here at Sacred Heart. I hope you can take this opportunity to find some help from grief to hope through faith. This event is free and open to all.

Archbishop's Annual Appeal

It is important that when you give to any charitable organization, you are confident that the funds received are being used wisely. Be assured that your gift to the Archbishop's Annual Appeal supports the ministries and programs indicated in the 2026 Appeal literature! Organizations such as Suffield Community Aid right here in our own town received funding from the Appeal's Vicariate Outreach Program that makes a difference in the lives of our local neighbors. Please visit the Appeal website at www.archdioceseofhartford.org to learn more and make your gift today.

All funds contributed to the Archbishop's Annual Appeal are used exclusively for the purposes outlined in the Appeal literature, which can be found at <https://archdioceseofhartford.org/appeal/>. No Appeal funds are ever used for legal fees or settlements.

Please keep Our Church clean!

Please put Missalette & Hymn Books back in their places and remove any items you may have in your pew. Thank you!

Catholic Relief Services Collection

Thank you for your generous support of The Catholic Relief Services Collection and for **revealing Christ's love** to those who are poor and marginalized around the world. If you missed the collection, it's not too late to give! Just visit www.usccb.org/nationalcollections for more information.

iGiveCatholic also accepts funds for this collection if you prefer to donate online.



Knights of
Columbus®

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates & Knights News:

- **Appreciation to Paul Kulas** for the wonderful and timeless live entertainment he offered to a **crowd of 172** Sacred Heart parishioners and friends who joined in the music, fun, and good food enjoyed at the **March 15th Knights of Columbus Pancake Breakfast**. We should further recognize Brian Kruczek for organizing in advance then leading on the day more than 15 local council (and some family) member volunteers to offer a very tasty pancake, sausage, and more breakfast, helping to fill Father Ted Hall with many happy conversations and a feeling of community. Also, more than \$650 in free will donations to the Knight's student scholarship program were collected at the door. **Thanks to all involved!**
- Suffield Council # 6281 will again be sponsoring holiday **Fruit Baskets** for our fellow parishioners who are homebound. Anyone **interested in helping** to prepare the baskets on **March 27th at 5:00 p.m.** or subsequently assist in the home delivery of these baskets, please **contact Craig Tini at 860.888.6697**.
- Suffield Council # 6281 will host an **Easter Egg Hunt** for our youngsters on the Sacred Heart Parish church grounds. All are welcome to join in the fun scheduled for **Saturday, April 4th at 11:00 a.m.** Anyone interested in helping out at this event or with preparing the candy filled eggs on **Friday, April 3rd around 4:30 p.m. following the Good Friday Service** should **contact Anthony Mandrola** at anthonymandrola@gmail.com.
- Spring clean-up at Saint Joseph Cemetery, Hill Street has been scheduled for **Saturday, April 11th at 9:00 a.m.** (rain date April 18, 2026). **Please have all personal items cleared from the cemetery grounds prior to this date.** Suffield Council # 6281 members wishing to help are welcome to show up on the day,

From the Pastor's Desk

In the gospel Jesus goes out to join Martha and Mary in grieving their brother, Lazarus. Jesus wept at the grave of his close friend out of love for him and his sisters. Moved by compassion he commands that Lazarus come out of the tomb, back to life, returning to his family. The resurrection of Lazarus was one of several episodes in the earthly ministry of Jesus where a dead person was restored to life and a grieving family celebrates the great miracle of Jesus.

But other people died and remained dead. Jesus did not raise every family member for everyone he encountered. Some truly blessed families, Christ gave all a foretaste of what was to come for those who like Martha have the confidence that Jesus is the Messiah and he truly is the resurrection and the life of all who believe.

In faith we know that through baptism we come to share in the everlasting life of Jesus Christ in heaven. The loss of a loved one still hurts. We still cry in the emptiness of sorrow as we move on, somehow. We still offer our prayers for those who have died but also pray for a deeper faith that leads to greater understanding of God's plan for our life. Death and grief are part of life. When faith is part of our life, death and grief are easier to accept. Sometimes even the greatest of faith needs help in accepting a loss. If you are struggling with issues of loss, please consider joining us Monday evening for a faith-filled discussion on grief and hope.

God bless!

Fr. Joe Keough

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#### **Holy Week at a glance:**

Palm Sunday March 29 Palms blessed and distributed at all Masses.

Monday Last call for Confessions 3:10-3:57 PM and 6-7:00 PM

Tuesday, Chrism Mass at the Cathedral of St. Joseph in Hartford 11:00 AM

#### **Sacred Triduum Begins**

Holy Thursday Mass of the Lord's Supper begins at 7:00 PM with adoration until 10:00 PM

Good Friday Service 3:00 PM. Good Friday evening: Outdoor Stations of the Cross (weather permitting) begin at 6:30 PM

Holy Saturday Blessing of the Easter Foods 10:00 AM in the church.

Easter Egg Hunt 11:00 AM outside of Fr Ted Hall

8:00 PM Great Vigil of Easter

Easter Sunday Masses 8:30 & 10:30 AM

**Pilgrimage to Mexico in honor of Our Lady of Guadalupe:** "Mexico with Fr. Joe" Join Fr. Joe as he celebrates his 30<sup>th</sup> Anniversary year with a pilgrimage to honor Our Lady of the Americas. This trip is not a "tour" but a pilgrimage—a time away to pray and discover the rich history of this devotion honoring the apparition of our Blessed Mother in the "New World" for the spread of the Church in this hemisphere. (You're with Fr. Joe so there will also be some fun activities as well) October 7-12, 2026. For more information visit [www.VersoMinistries.com/sacred-heart-mexico](http://www.VersoMinistries.com/sacred-heart-mexico) or contact Fr. Joe at [frjfk@aol.com](mailto:frjfk@aol.com). This trip is not recommended for people with mobility issues as Mexico does not have much in the way of access ramps, or other mobility supports. INFORMATION MEETING: FRIDAY, APRIL 10 AT 7PM IN FR. TED HALL.



#### **attention parents of "little ones":**

How about a "Pray-date" instead of the usual "Play Date"? Bring the little ones (infants on up) to the church for a "Holy Half Hour" followed by some activities and crafts for them and some connections with other Catholic parents. Our first session will take place in the main body of the church with an explanation of Eucharistic Adoration so the kids and parents (hopefully) can come to a deeper appreciation of this tradition. Join us at 2:00 on Friday, April 10 in the "big church". An online registration link will be coming soon!