



# Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

Follow us on Facebook at Sacred Heart, Suffield 

Website: [SacredHeartCT.com](http://SacredHeartCT.com)

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday

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## Mass Times:

**Weekends: Saturdays:** 4:00pm **Sundays:** 8:30am and 10:30am.

**Daily Mass:** 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

**Holy Day:** Please consult the Bulletin.

## Sacraments:

**Confessions:** Saturdays 2:30 - 3:30pm or by appointment.

**Baptisms:** Sundays after the last Mass. Please call the Rectory to schedule a date.

**Holy Matrimony:** At least six months of notice should be given to arrange weddings.

**Anointing of the Sick** Please call the office.

## On going devotions:

**Weekly Morning Rosary:** Tuesdays at 7:30 AM

**Adoration of the Blessed Sacrament:** Mondays 6 to 7 PM (Fall-Spring 3-4PM), Fridays 7:30 to 8 AM

**Rosary:** First Sunday of the Month 8:00 AM

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## Parish Staff

**Pastor:** Fr. Joseph Keough Email: [frjfk@aol.com](mailto:frjfk@aol.com)

**Administrative Assistant:** Jackie Dion email: [SacredHeartSuffield1@gmail.com](mailto:SacredHeartSuffield1@gmail.com)

### Religious Education:

860-668-7766 Fax: 860-370-5164

**Director:** Miss Donna M. Swols email: [shc\\_dre@aol.com](mailto:shc_dre@aol.com) (Temporary)

**Assistant :** Jackie Dion

### Directors of Music

Floyd Higgins & Gretchen Collins [floydandgretchen@comcast.net](mailto:floydandgretchen@comcast.net)

**\*Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds. Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the [archdioceseofhartford.com](http://archdioceseofhartford.com)

# March 29, 2026 Palm Sunday

The Tabernacle Candle this week burns in Memory of **Stanley & Rowena Szoka.**



## Our Weekly Offertory

On **March 22, 528** members and visitors worshipped with us at Sacred Heart Parish.

March 22, 2026, Parish Support:

<b>\$7,356.00</b>	<b>Offertory</b>
<b>\$622.55</b>	<b>Online Giving</b>
<b>\$7,978.55</b>	<b>Total</b>

*Thank you for your support!*

### Saturday, March 28

4:00 PM Frank Reynolds(D)~*Birthday Blessings*

### Sunday, March 29

8:30 AM Trevor French

10:30 AM For Our Parishioners

### Monday, March 30

8:00 AM Alexandre Benjamin Ehongo(L)~  
*Birthday Wishes*

3 – 4 PM Holy Hour

### Tuesday, March 31

8:00 AM In memory of Roland, Sandra and  
David Desmarais

### Wednesday, April 1

8:00 AM Prayer of Thanksgiving

### Thursday, April 2 ~ *Holy Thursday*

7:00 PM For Our Parishioners

### Friday, April 3 ~ *Good Friday*

3:00 PM For Our Parishioners

6:30 PM Stations of the Cross

### Saturday, April 4 ~ *Holy Saturday*

10:00 AM Blessing of Food

8:00 PM Carolyn and Gregory Stack

### Sunday, April 5~*Easter*

8:30 AM Chancy Beneski

10:30 AM For Our Parishioners

**\*Apologies for any misspelled names**

## SAVE THE DATE

**April 4<sup>th</sup>** – Blessing of the Easter Foods 10:00AM

Easter Egg Hunt 11:00AM

**April 5<sup>th</sup>** – First Sunday Rosary

**April 10<sup>th</sup> 2:00PM** – Children’s Holy Half Hour.

**April 10<sup>th</sup>**–Virtual/In Person Meeting regarding the Pilgrimage 7PM.

**April 11<sup>th</sup> – 9AM St Joseph Cemetery Clean Up**

**April 12<sup>th</sup>** – Divine Mercy Sunday Devotions 3:00 PM

**April 15<sup>th</sup>** – Book Club 10:30-11:30AM-Fr. Ted Hall

**May 8<sup>th</sup> – BINGO Night** to benefit Sacred Heart Scholarships

**October 7<sup>th</sup>–12<sup>th</sup>**– Pilgrimage to Mexico, Our Lady of Guadalupe.

**Tuesdays at 6:30** – *Bible Study ~ Fr. Ted Hall.*

## GOOD FRIDAY COLLECTION FOR THE HOLY LAND

Now more than ever our sisters and brothers in the Holy Land need our help in maintaining the shrines as well as the community of Christians still there. Designated collection boxes will be available at the exits of the church on Good Friday. Please be generous!

## **ANNUAL ST JOSEPH CEMETERY CLEAN UP:** Saturday,

April 11<sup>th</sup>. Please remove all Christmas items and any other decoration from the plots that you want. Everything winter related will be discarded. American Flags will also be removed and will be replaced by Memorial Day. Appropriate Easter Items will remain.

## PARISH REGISTRATION/UPDATE

NAME/s (please include all members):

\_\_\_\_\_

\_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

New Registration  Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

**STATUS:** Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

### **Please keep Our Church clean!**

*Please put Missalettes & Hymn Books back in their places and remove any items you may have in your pew. Thank you!*

## RELIGIOUS EDUCATION NEWS

Office hours: Monday 4pm-6pm and by appointment only

Closed holidays and school vacations

Donna Swols, DRE: [shc\\_dre@aol.com](mailto:shc_dre@aol.com) (temporary)

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



**ABUNDANT THANKS:** A most heartfelt THANK YOU to all our volunteers, student volunteers and parishioners who gave their time, talent, and treasure to our Religious Education program this year. Our students and staff at Religious Education say "THANK YOU" again for your stewardship! May God bless all our families abundantly!



**CONGRATULATIONS!** to our grade 2 students who received the sacrament of Reconciliation on Saturday, March 28, 2026! Many thanks to their catechists, Mrs. Chelsea Viets and Miss Ann Rickson and to all our parents for preparing them this year! God bless them and keep them.

**DATES TO NOTE:** Grade 9 Retreat, Sunday, April 12, 2026; 1<sup>st</sup> Holy Communion Retreat, Saturday, April 25, 2026; 1<sup>st</sup> Holy Communion Mass, Saturday, May 2, 2026; Grade 3 Youth Mass and Crowning of Mary, Sunday, May 3, 2026, at 8:30am.

**COMMUNITY SERVICE HOURS 2025-2026:** Grades 7-9, don't forget about your community service hours! Completed service forms should be submitted to the Religious Education office within **30 days of the service date**. Forms may be downloaded from our website or find copies in our pamphlet rack outside of the Religious Ed office. *All service hours are to be submitted no later than April 1, 2026.* Thank you!



**What do you do with the old palm? Since the palms are blessed, they must be either burned or buried. Cut up palm can be placed in your garden/flower beds or placed in the fireplace or backyard fire pit.**

**Our Annual Easter Egg Hunt is coming!** Holy Saturday at 11:00AM near Father Ted Hall. This goes fast so don't be late! **BYOB (Bring Your Own Basket)**. Could you spare a bag or two of small candies to fill the eggs? Kindly drop them off in the marked box in the vestibule between now and Good Friday. Several people asked why last week's announcement said, "Remember its Easter so no M&M's."? The real question should be "*Why doesn't Jesus eat M&M's?*"

### attention parents of "little ones":

How about a "Pray-date" instead of the usual "Play Date"? Bring the little ones (infants on up) to the church for a "Holy Half Hour" followed by some activities and crafts for them and some connections with other Catholic parents. Our first session will take place in the main body of the church with an explanation of Eucharistic Adoration so the kids and parents (hopefully) can come to a deeper appreciation of this tradition. Join us at 2:00 on Friday, April 10 in the "big church". Sign up online at [www.sacredheartct.com/childrens-adoration/](http://www.sacredheartct.com/childrens-adoration/).

### Archbishop's Annual Appeal

Thank you to the parish families who have made a gift or pledge commitment to the 2026 Archbishop's Annual Appeal. If you have not yet had the opportunity, please consider prayerfully supporting the many "Good Works" of the Archdiocese. Every gift will be gratefully received and sincerely appreciated.

### Worldwide Marriage Encounter: Palm Sunday

Worldwide Marriage Encounter Experience on one of the dates below. For more info go to: [wwme.org](http://wwme.org)

**April 17-19, 2026, Silver Bay YMCA, Silver Bay, NY**

**April 24-26, 2026, Corpus Christi Parish, East Sandwich, MA**

**June 26-28, 2026, Huntington Seminary, Huntington, NY**

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration limited; \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or [wwme.org](http://wwme.org).



**Knights of Columbus**

**Suffield Council # 6281**

Ed McAnaney, Grand Knight

### Important Upcoming Dates & Knights News:

- Suffield Council # 6281 will host an **Easter Egg Hunt** for our youngsters on the Sacred Heart Parish church grounds. All are welcome to join in the fun scheduled for **Saturday, April 4<sup>th</sup> at 11:00 a.m.** Anyone interested in helping out at this event or with preparing the candy filled eggs on **Friday, April 3<sup>rd</sup> around 4:30 p.m. following the Good Friday Service** should **contact Anthony Mandrola** at [anthonymandrola@gmail.com](mailto:anthonymandrola@gmail.com).
- Spring clean-up at Saint Joseph Cemetery, Hill Street has been scheduled for **Saturday, April 11<sup>th</sup> at 9:00 a.m.** (rain date April 18, 2026). **Please have all personal items cleared from the cemetery grounds prior to this date.** Suffield Council # 6281 members wishing to help are welcome to show up on the day,
- Suffield Council # 6281 members will participate again in **HomeFront** on **Saturday, May 9<sup>th</sup>**, when volunteers will report to a local residential property for a day of repairs or maintenance for a low-income homeowner. All tools and expertise will be provided, **just arrive ready to work!** Anyone interested in volunteering for this worthy one-day project please contact Ed McAnaney at (860)668-2000 for sign up details.

## *From the Pastor's Desk*

*Holy Week will be as holy as you allow it to be. This could be taken as a challenge, an invitation and maybe even a threat. The opportunities for your prayer, your deepening relationship with Christ can be fruitful this week if you apply yourself. We began our Lenten journey with the challenge to bring our hearts to the Lord. For forty days we had a variety of prayer experiences in the church, online and in our private devotions and Lenten activities. Hopefully, they brought you to a more meaningful faith life.*

*Join us in the variety of liturgies and events taking place this week. They are unique opportunities for your faith enrichment. Be bold and cancel some of the other "things" in your week. The schedules are listed on the insert in your bulletin. One side also provides a brief explanation of Sacred Triduum here at Sacred Heart.*

*Don't let the opportunity pass you by. Get holy(ier) this Holy Week*

*God bless!*

*Fr. Joe Keough*

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### *Holy Week at a glance:*

Monday Last call for Confessions 3:10-3:57 PM and 6-7:00 PM

Tuesday, Chrism Mass at the Cathedral of St. Joseph in Hartford 11:00 AM

#### **Sacred Triduum Begins**

Holy Thursday Mass of the Lord's Supper begins at 7:00 PM with adoration until 10:00 PM

PM.

Outdoor Stations of the Cross (*weather permitting*) begin at 6:30 PM

Holy Saturday Blessing of the Easter Foods 10:00 AM in the church.

Easter Egg Hunt 11:00 AM outside of Fr Ted Hall

8:00 PM Great Vigil of Easter

Good Friday Serv

Good Friday e

*Years ago, we were taught by "the nuns" and our parents that when you hear a siren, you should offer a Hail Mary for whoever was being helped. After 9/11 we began to include the first responders. This week, we heard of yet two more deaths in the plane crash with a fire truck at LaGuardia Airport. Maybe, each time we hear an aircraft overhead we could pray for the flight crew and all onboard that they have a safe journey.*

*Pilgrimage to Mexico in honor of Our Lady of Guadalupe:* "Mexico with Fr. Joe" Join Fr. Joe as he celebrates his 30<sup>th</sup> Anniversary year with a pilgrimage to honor Our Lady of the Americas. This trip is not a "tour" but a pilgrimage—a time away to pray and discover the rich history of this devotion honoring the apparition of our Blessed Mother in the "New World" for the spread of the Church in this hemisphere. (You're with Fr. Joe so there will also be some fun activities as well) October 7-12, 2026. For more information visit [www.VersoMinistries.com/sacred-heart-mexico](http://www.VersoMinistries.com/sacred-heart-mexico) or contact Fr. Joe at [frjfk@aol.com](mailto:frjfk@aol.com). This trip is not recommended for people with mobility issues as Mexico does not have much in the way of access ramps, or other mobility supports. INFORMATION MEETING: FRIDAY, APRIL 10 AT 7PM IN FR. TED HALL.

